

# Canyons School District

## Suicide Protocol At-a-Glance

### Student is identified\* as potentially at-risk for suicide:

- Comments, Social media posts, Writings/drawings/class assignments

\*The person who identifies the student as at risk walks the student down to a suicide risk responder.



### Student is referred *immediately* to a Suicide Risk Responder:

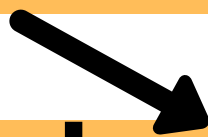
**School Counselor**  
**School Social Worker**  
**School Psychologist**

**Student is not to be left alone at any time.**



### Suicide Risk Responder

- Speaks with student regarding concerns
- Completes Columbia-Suicide Severity Rating Scale (C-SSRS)
- Documents discussion and student's risk level according to C-SSRS and professional judgment (*Low, Moderate, High*)



### **Low Risk**

(Non-Specific Suicidal Ideation only or denies all suicidal ideation)

- Call student's Parent/Guardian to notify of assessment & risk level
- Provide crisis line phone numbers and mental health resources/referrals
- Provide lethal means counseling to parent/guardian
- Complete Safety Plan with student and parent, if necessary
- Person who completed C-SSRS follows up with student and parent the next day, and as needed
- Person who completed C-SSRS completes Parent Notification of Threat form and gives copy to administration.

### **Moderate Risk:**

(Current ideation with non-specific plan, no access to method, and no intent)

- Call student's Parent/Guardian to notify of assessment & risk level (Potential Conference with Parent/Guardian)
- Discuss potential referral to mental health provider with parent/guardian (social worker, school psych, school based mental health, Canyons Family Center, outside resource).
- Provide crisis line phone numbers and mental health resources/referrals
- Provide lethal means counseling to parent/guardian
- Complete Safety Plan with student and parent
- Person who completed C-SSRS follows up with student and parent the next day, and as needed
- Person who completed C-SSRS completes Parent Notification of Threat form and gives copy to administration.
- If referring to school-based mental health, need to complete SST referral.

### **High Risk:**

(Current Ideation with some intent, a specific plan, or an accessible method)

- Emergency Conference with Parent/Guardians

### **Potential Next Steps for Referral after Speaking w/ Parents**

1. Seek consultation with other mental health staff
  2. Call MCOT (Mobile Crisis Outreach Team) (801) 587-3000
  3. Refer parents to Emergency Room (ER) for immediate evaluation
- Provide crisis line phone numbers and mental health resources/referrals.
  - Provide lethal means counseling to parent/guardian
  - Discuss potential referral to mental health provider with parent/guardian (social worker, school psych, school based mental health, Canyons Family Center, outside resource).
  - Complete Safety Plan with student & parent
  - Person who completed C-SSRS follows up with student and parent the next day, and as needed
  - Person who completed C-SSRS completes Parent Notification of Threat form and gives copy to administration.
  - If referring to school-based mental health, need to complete SST referral.

# Canyons School District

## Suicide Protocol Checklist

### Student identified as being at-risk:

\_\_\_\_\_ Written Notification of Student Mental Health Concern completed by: \_\_\_\_\_

### Student Conference:

\_\_\_\_\_ Columbia-Suicide Severity Rating Scale (C-SSRS) **OR**

\_\_\_\_\_ Columbia-Suicide Severity Screener

### Parent Conference:

\_\_\_\_\_ Notify in-person or phone conference with parent/guardian

\_\_\_\_\_ Mental Health Resources/Information, coping skills, and reducing access to means provided

### Student and Parent:

\_\_\_\_\_ Safety Plan *(if student answers 'yes' to any of the questions on C-SSRS)*

### Referrals Made (Check where applicable):

\_\_\_\_\_ Follow up with mental health provider if necessary

\_\_\_\_\_ Mobile Crisis Outreach Team (MCOT) contacted

\_\_\_\_\_ Referred student to ER

\_\_\_\_\_ Other: \_\_\_\_\_

### School:

\_\_\_\_\_ Notification of Administrator

### Follow up:

\_\_\_\_\_ Follow up with student and Parents/Guardians the next day

### Important Crisis Numbers

#### Mobile Crisis Outreach Team (MCOT):

801-587-3000

#### National Suicide Prevention Lifeline

988

#### Emergency Response:

911

#### SafeUT APP

#### National Suicide Prevention Lifeline (Spanish):

1-888-628-9454

#### Crisis Text Line:

Text HOME to 741741

#### TheTrevor Project:

1-866-488-7386

#### School Resource Officer

\*Get number from admin.