

Healing CONVERSATIONS

SUICIDE PREVENTION

CANYONS FAMILY CENTER



CLICK HERE TO
REGISTER

LET'S NORMALIZE
THE CONVERSATION
AND PRIORITIZE
WELLNESS
TOGETHER

SEPTEMBER 29, 2026

@ ALBION MIDDLE SCHOOL
TIME: 6-7:30PM

JANUARY 20, 2027

@ MOUNT JORDAN MIDDLE SCHOOL
TIME: 6-7:30PM

MARCH 23, 2027

@ MOUNT JORDAN MIDDLE SCHOOL
TIME: 6-7:30PM



LET'S BREAK THE
STIGMA AND
SHINE A LIGHT
ON MENTAL
HEALTH.



HEALING CONVERSATIONS PARENT SEMINAR PROVIDES AN OVERVIEW OF YOUTH SUICIDE PREVENTION, INCLUDING UTAH-SPECIFIC SUICIDE STATISTICS, RISK FACTORS, WARNING SIGNS, AND COMMON MYTHS ABOUT DISCUSSING SUICIDE. IT EQUIPS PARENTS WITH PRACTICAL STRATEGIES FOR HAVING SUPPORTIVE, NON-JUDGMENTAL CONVERSATIONS WITH YOUTH AND CREATING A SAFER HOME ENVIRONMENT BY LIMITING ACCESS TO MEDICATIONS AND FIREARMS. THE PRESENTATION ALSO HIGHLIGHTS CANYONS SCHOOL DISTRICT AND COMMUNITY MENTAL HEALTH RESOURCES AVAILABLE TO SUPPORT STUDENTS AND FAMILIES.