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6. How many times (if any) have you:

	More than 5 times	3-5 times	1-2 times	0 times
a. had beer, wine, or hard liquor to drink during the past 30 days ?	☐	☐	☐	☐
b. used marijuana (grass, pot, cannabis, weed) or hashish (hash, hash oil) during the past 30 days ?	☐	☐	☐	☐
c. sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays, in order to get high during the past 30 days ?	☐	☐	☐	☐

7. How much do you think people risk harming themselves (physically or in other ways) if they:

	Great risk	Moderate risk	Slight risk	No risk
a. smoke one or more packs of cigarettes per day?	☐	☐	☐	☐
b. try marijuana once or twice?	☐	☐	☐	☐
c. smoke marijuana regularly?	☐	☐	☐	☐
d. take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	☐	☐	☐	☐
e. have five or more drinks of an alcoholic beverage once or twice each weekend?	☐	☐	☐	☐
f. have five or more drinks of an alcoholic beverage once or twice a week?	☐	☐	☐	☐
g. smoke marijuana once or twice a week?	☐	☐	☐	☐
h. use prescription drugs that are not prescribed to them?	☐	☐	☐	☐
i. smoke 1-5 cigarettes per day?	☐	☐	☐	☐
j. use vape products such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars?	☐	☐	☐	☐

8. Have you ever tried:

	No	Yes
a. cigarettes, even just one puff?	☐	☐
b. vape products containing nicotine (such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?	☐	☐
c. vape products containing marijuana?	☐	☐
d. chewing tobacco, snuff, dip, or snus (moist smokeless tobacco usually sold in small pouches)?	☐	☐

9. During the past 30 days, on how many days did you:

	All 30 days	20 to 29 days	10 to 19 days	6 to 9 days	3 to 5 days	1 or 2 days	0 days
a. smoke cigarettes?	☐	☐	☐	☐	☐	☐	☐
b. use vape products containing nicotine (such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?	☐	☐	☐	☐	☐	☐	☐
c. use vape products containing marijuana?	☐	☐	☐	☐	☐	☐	☐
d. use chewing tobacco, snuff, dip, or snus (moist smokeless tobacco usually sold in small pouches)?	☐	☐	☐	☐	☐	☐	☐

10. During the past year, did you drink alcohol at any of the following places? (Mark the number of times for each.)

	6 or more times	3 to 5 times	1 or 2 times	0 times
a. At my home or someone else's home without any parent/caregiver permission	☐	☐	☐	☐
b. At my home with my parents/caregivers' permission	☐	☐	☐	☐
c. At someone else's home with their parents/caregivers' permission	☐	☐	☐	☐
d. In a car	☐	☐	☐	☐
e. At or near school	☐	☐	☐	☐
f. Someplace outside of town (for example, on public lands, in the desert, in a campground, etc.)	☐	☐	☐	☐
g. In another place _____	☐	☐	☐	☐

11. How wrong do you think it is for someone your age to:

	Not wrong at all	A little bit wrong	Wrong	Very wrong
a. take a handgun to school?	☐	☐	☐	☐
b. steal anything worth more than \$5?	☐	☐	☐	☐
c. pick a fight with someone?	☐	☐	☐	☐
d. attack someone with the idea of seriously hurting them?	☐	☐	☐	☐
e. stay away from school all day when their parents/caregivers think they are at school?	☐	☐	☐	☐
f. drink beer, wine, or hard liquor (for example, vodka, whiskey, or tequila) regularly?	☐	☐	☐	☐
g. smoke cigarettes?	☐	☐	☐	☐
h. smoke marijuana?	☐	☐	☐	☐
i. use LSD, cocaine, amphetamines, or another illegal drug?	☐	☐	☐	☐



12. What are the chances you would be seen as cool if you:

	No or very little chance	Little chance	Some chance	Pretty good chance	Very good chance
a. smoked cigarettes?	☐	☐	☐	☐	☐
b. worked hard at school?	☐	☐	☐	☐	☐
c. began drinking alcoholic beverages regularly, that is, at least once or twice a month?	☐	☐	☐	☐	☐
d. defended someone who was being verbally abused at school?	☐	☐	☐	☐	☐
e. smoked marijuana?	☐	☐	☐	☐	☐
f. carried a handgun?	☐	☐	☐	☐	☐
g. regularly volunteered to do community service?	☐	☐	☐	☐	☐

13. If ever, how many times in the past year (12 months) have you:

	Never	1 to 2 times	3 to 5 times	6 to 9 times	10 to 19 times	20 to 29 times	30 to 39 times	40+ times
a. been suspended from school?	☐	☐	☐	☐	☐	☐	☐	☐
b. carried a handgun?	☐	☐	☐	☐	☐	☐	☐	☐
c. participated in clubs, organizations or activities at school?	☐	☐	☐	☐	☐	☐	☐	☐
d. done extra work on your own for school?	☐	☐	☐	☐	☐	☐	☐	☐
e. attacked someone with the idea of seriously hurting them?	☐	☐	☐	☐	☐	☐	☐	☐
f. been drunk or high at school?	☐	☐	☐	☐	☐	☐	☐	☐
g. volunteered to do community service?	☐	☐	☐	☐	☐	☐	☐	☐
h. taken a handgun to school?	☐	☐	☐	☐	☐	☐	☐	☐

14. Think back over the last two weeks. If any, how many times have you had five or more alcoholic drinks in a row?

- ☐ None
- ☐ Once
- ☐ Twice
- ☐ 3-5 times
- ☐ 6-9 times
- ☐ 10 or more times

15. In my school, students have lots of chances to help decide things like class activities and rules.

	Definitely No	Somewhat No	Somewhat Yes	Definitely Yes
15. In my school, students have lots of chances to help decide things like class activities and rules.	☐	☐	☐	☐
16. Teachers ask me to work on special classroom projects.	☐	☐	☐	☐
17. My teachers notice when I am doing a good job and let me know about it.	☐	☐	☐	☐
18. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	☐	☐	☐	☐
19. There are lots of chances for students in my school to talk with a teacher one-on-one.	☐	☐	☐	☐
20. I feel safe at my school.	☐	☐	☐	☐
21. The school lets my parents/caregivers know when I have done something well.	☐	☐	☐	☐
22. My teachers praise me when I work hard in school.	☐	☐	☐	☐
23. Are your school grades better than the grades of most students in your class?	☐	☐	☐	☐
24. I have lots of chances to be part of class discussions or activities.	☐	☐	☐	☐

25. Now thinking back over the past year in school, how often did you:

	Never	Seldom	Sometimes	Often	Almost always
a. enjoy being in school?	☐	☐	☐	☐	☐
b. hate being in school?	☐	☐	☐	☐	☐
c. try to do your best work in school?	☐	☐	☐	☐	☐

26. Putting them all together, what were your grades like last year?

- ☐ Mostly F's
- ☐ Mostly D's
- ☐ Mostly C's
- ☐ Mostly B's
- ☐ Mostly A's

27. How important do you think the things you are learning in school are going to be for your later life?

- ☐ Very important
- ☐ Quite important
- ☐ Fairly important
- ☐ Slightly important
- ☐ Not at all important



28. How interesting are most of your courses to you?

- ☐ Very interesting and stimulating
- ☐ Quite interesting
- ☐ Fairly interesting
- ☐ Slightly interesting
- ☐ Not at all interesting

29. How often do you feel that the school work you are assigned is meaningful and important?

- ☐ Never
- ☐ Seldom
- ☐ Sometimes
- ☐ Often
- ☐ Almost Always

30. During the past 30 days, on how many days (if any) did you NOT go to school because you felt you would be unsafe at school or on your way to or from school?

- ☐ 0 days
- ☐ 1 day
- ☐ 2 or 3 days
- ☐ 4 or 5 days
- ☐ 6 or more days

31. During the LAST FOUR WEEKS, how many (if any) whole days of school have you missed because you skipped or "cut"?

- ☐ None
- ☐ 1 day
- ☐ 2 days
- ☐ 3 days
- ☐ 4-5 days
- ☐ 6-10 days
- ☐ 11 or more days

32. How wrong do your parents/caregivers feel it would be for YOU to:

Not wrong at all
A little bit wrong
Wrong
Very wrong

a. drink beer, wine, or hard liquor (for example, vodka, whiskey, or tequila) regularly?

☐ ☐ ☐ ☐

b. smoke cigarettes?

☐ ☐ ☐ ☐

c. smoke marijuana?

☐ ☐ ☐ ☐

d. steal something worth more than \$5?

☐ ☐ ☐ ☐

e. draw graffiti, write things, or draw pictures on buildings or other property (without the owner's permission)?

☐ ☐ ☐ ☐

f. pick a fight with someone?

☐ ☐ ☐ ☐

g. have one or two drinks of an alcoholic beverage nearly every day?

☐ ☐ ☐ ☐

h. use prescription drugs not prescribed to you?

☐ ☐ ☐ ☐

i. use vape products such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars?

☐ ☐ ☐ ☐

	Definitely Yes	Somewhat Yes	Somewhat No	Definitely No
33. Do you feel very close to your parents/caregivers?	☐	☐	☐	☐
34. Do you share your thoughts and feelings with your parents/caregivers?	☐	☐	☐	☐
35. Do you enjoy spending time with your parents/caregivers?	☐	☐	☐	☐
36. My parents/caregivers ask me what I think before most family decisions affecting me are made.	☐	☐	☐	☐
37. If I had a personal problem, I could ask my parents/caregivers for help.	☐	☐	☐	☐
38. My parents/caregivers give me lots of chances to do fun things with them.	☐	☐	☐	☐
39. I feel safe in my neighborhood.	☐	☐	☐	☐
40. My parents/caregivers ask if I've gotten my homework done.	☐	☐	☐	☐
41. Would your parents/caregivers know if you did not come home on time?	☐	☐	☐	☐
42. The rules in my family are clear.	☐	☐	☐	☐
43. When I am not at home, one of my parents/caregivers knows where I am and who I am with.	☐	☐	☐	☐
44. I think sometimes it's okay to cheat at school.	☐	☐	☐	☐
45. I think it is okay to take something without asking if you can get away with it.	☐	☐	☐	☐
46. It is alright to beat up people if they start the fight.	☐	☐	☐	☐
47. It is important to be honest with your parents/caregivers even if they become upset or you get punished.	☐	☐	☐	☐
48. If you drank some beer, wine, or liquor (for example, vodka, whiskey, or tequila) without your parents/caregivers permission, would you be caught by your parents/caregivers?	☐	☐	☐	☐
49. My family has clear rules about alcohol and drug use.	☐	☐	☐	☐
50. If you carried a handgun without your parents/caregivers' permission, would you be caught by your parents/caregivers?	☐	☐	☐	☐
51. If you skipped school, would you be caught by your parents/caregivers?	☐	☐	☐	☐

52. My parents/caregivers notice when I am doing a good job and let me know about it.

- ☐ Never or almost never
- ☐ Sometimes
- ☐ Often
- ☐ All the time



53. How often do your parents/caregivers tell you they're proud of you for something you've done?

- ☐ Never or almost never
- ☐ Sometimes
- ☐ Often
- ☐ All the time

	Definitely Yes	Somewhat Yes	Somewhat No	Definitely No
54. My parents/caregivers expect me to eat dinner at home with my family.	☐	☐	☐	☐
55. People in my family often insult or yell at each other.	☐	☐	☐	☐
56. We argue about the same things in my family over and over.	☐	☐	☐	☐
57. People in my family have serious arguments.	☐	☐	☐	☐
58. My parents/caregivers have set clear rules and expectations with me about NOT drinking ANY alcohol.	☐	☐	☐	☐

59. During a typical week, how many days do all or most of your family eat at least one meal together?

- ☐ 0 days
- ☐ 1 day
- ☐ 2 days
- ☐ 3 days
- ☐ 4 days
- ☐ 5 days
- ☐ 6 days
- ☐ All 7 days

60. How wrong do your friends feel it would be for YOU to:

	Not wrong at all	A little bit wrong	Wrong	Very wrong
a. have one or two drinks of an alcoholic beverage nearly every day?	☐	☐	☐	☐
b. smoke tobacco?	☐	☐	☐	☐
c. smoke marijuana?	☐	☐	☐	☐
d. use prescription drugs not prescribed to you?	☐	☐	☐	☐

61. I do the opposite of what people tell me, just to get them mad.

- ☐ Very false
- ☐ Somewhat false
- ☐ Somewhat true
- ☐ Very true

62. I like to see how much I can get away with.

- ☐ Very false
- ☐ Somewhat false
- ☐ Somewhat true
- ☐ Very true

63. I ignore rules that get in my way.

- ☐ Very false
- ☐ Somewhat false
- ☐ Somewhat true
- ☐ Very true

64. During the past 30 days, how often did you:

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
a. feel nervous?	☐	☐	☐	☐	☐
b. feel hopeless?	☐	☐	☐	☐	☐
c. feel restless or fidgety?	☐	☐	☐	☐	☐
d. feel so depressed that nothing could cheer you up?	☐	☐	☐	☐	☐
e. feel that everything was an effort?	☐	☐	☐	☐	☐
f. feel worthless?	☐	☐	☐	☐	☐

65. In the past seven days, I have felt:

	Never	Rarely	Sometimes	Often	Always
a. left out.	☐	☐	☐	☐	☐
b. that people barely know me.	☐	☐	☐	☐	☐
c. isolated from others.	☐	☐	☐	☐	☐
d. that people are around me but not with me.	☐	☐	☐	☐	☐

	Definitely Yes	Somewhat Yes	Somewhat No	Definitely No
66. Sometimes, I think that life is not worth it.	☐	☐	☐	☐
67. At times, I think I am no good at all.	☐	☐	☐	☐
68. All in all, I am inclined to think that I am a failure.	☐	☐	☐	☐
69. In the past year, have you felt depressed or sad MOST days, even if you felt okay sometimes?	☐	☐	☐	☐



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70. In the past 12 months, have you ever done something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose? If so, how many times did you do so?

- ☐ 0 times
☐ 1 time
☐ 2 or 3 times
☐ 4 or 5 times
☐ 6 or more times

71. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- ☐ No
☐ Yes

72. During the past 12 months, did you ever seriously consider attempting suicide?

- ☐ No
☐ Yes

73. During the past 12 months, how many times (if any) did you actually attempt suicide?

- ☐ 0 times
☐ 1 time
☐ 2 to 3 times
☐ 4 to 5 times
☐ 6 or more times

74. This past year, did you experience any of the following? (Mark ALL that apply.)

- ☐ One or more people living in my home lost their job
☐ I moved or changed homes
☐ Skipped one or more meals because my family didn't have enough money to buy food
☐ I had difficulty keeping up with schoolwork because I didn't have access to a reliable computer or internet service
☐ I did not have a quiet place at home to study
☐ None of these

75. How often in the last 30 days (if at all) did you talk to an adult (parent/caregiver, doctor, counselor, teacher, etc.) about feeling very sad, hopeless, or suicidal?

- ☐ I have not felt this way in the past 30 days
☐ 0 times
☐ 1 time
☐ 2 to 4 times
☐ 5 or more times

76. Do you think it's OK to seek help and talk to a professional counselor, therapist, or doctor if you've been feeling very sad, hopeless, or suicidal?

- ☐ Yes
☐ No
☐ I think it's OK for other people to seek help, but not for me to seek help

77. If you have felt very sad, hopeless, or suicidal in the past 30 days, whom did you talk to about it? (Mark ALL that apply.)

- ☐ I have not felt this way in the past 30 days
☐ I felt this way but did not talk to anyone about it
☐ Parent/Caregiver
☐ Friend//Peer
☐ Teacher
☐ Doctor
☐ Clergy (e.g. Bishop, Priest or Nun, Minister, Pastor)
☐ School Counselor
☐ School Nurse
☐ Therapist
☐ Other adult

For questions 78 and 79, write your height and weight in the blank boxes and fill in the matching circle below each number.

78. How tall are you without your shoes on?

feet	inches
3	0
4	1
5	2
6	3
7	4
	5
	6
	7
	8
	9
	10
	11

79. How much do you weigh without your shoes on?

pounds
0
1
2
3
4
5
6
7
8
9

80. On an average school night, how many hours of sleep do you get?

- ☐ 4 hours or less
☐ 5 hours
☐ 6 hours
☐ 7 hours
☐ 8 hours
☐ 9 hours
☐ 10 or more hours
☐ I don't know



This section asks questions about screen time not related to school or homework. These questions ask about the time you spend on a cell or smartphone, video games, computers, handheld video game players, TV/video, or tablets/iPads not for school or homework.

81. Do you have a cell phone?

- ☐ No
☐ Yes

82. What rules does your family have about screen time?

You can choose more than one.

- ☐ Content you can't look at (like websites or videos)
☐ Places you can't use it
☐ Apps you can't use
☐ Times you can't use it
☐ Total time limits
☐ None of these, but we have other rules
☐ No rules about screen time

83. How often do your parents/caregivers enforce or make you follow rules about screen time?

- ☐ Always
☐ Often
☐ Sometimes
☐ Rarely
☐ Never

84. On an average school day, how many hours do you use an electronic device for something that is not school work? (Count time spent on things such as Xbox, PlayStation, texting, watching TV or a streaming service, YouTube, Instagram, Snapchat, TikTok or other social media.)

- ☐ Less than 1 hour per day
☐ 1 hour per day
☐ 2 hours per day
☐ 3 hours per day
☐ 4 hours per day
☐ 5 or more hours per day

85. During the past 12 months, how often (if at all) have you been threatened or harassed over the internet, by email, or by someone using a cell phone?

- ☐ 0 days
☐ 1 day
☐ 2 or 3 days
☐ 4 or 5 days
☐ 6 or more days

86. How honest were you in filling out this survey?

- ☐ I was very honest.
☐ I was honest most of the time.
☐ I was honest some of the time.
☐ I was honest once in a while.
☐ I was not honest at all.

Thank you for completing the survey

Extra Questions
Start with 201

Responses

	a	b	c	d	e	f	g	h	i
201.	☐	☐	☐	☐	☐	☐	☐	☐	☐
202.	☐	☐	☐	☐	☐	☐	☐	☐	☐
203.	☐	☐	☐	☐	☐	☐	☐	☐	☐
204.	☐	☐	☐	☐	☐	☐	☐	☐	☐
205.	☐	☐	☐	☐	☐	☐	☐	☐	☐
206.	☐	☐	☐	☐	☐	☐	☐	☐	☐
207.	☐	☐	☐	☐	☐	☐	☐	☐	☐
208.	☐	☐	☐	☐	☐	☐	☐	☐	☐
209.	☐	☐	☐	☐	☐	☐	☐	☐	☐
210.	☐	☐	☐	☐	☐	☐	☐	☐	☐
211.	☐	☐	☐	☐	☐	☐	☐	☐	☐
212.	☐	☐	☐	☐	☐	☐	☐	☐	☐
213.	☐	☐	☐	☐	☐	☐	☐	☐	☐
214.	☐	☐	☐	☐	☐	☐	☐	☐	☐
215.	☐	☐	☐	☐	☐	☐	☐	☐	☐
216.	☐	☐	☐	☐	☐	☐	☐	☐	☐
217.	☐	☐	☐	☐	☐	☐	☐	☐	☐
218.	☐	☐	☐	☐	☐	☐	☐	☐	☐
219.	☐	☐	☐	☐	☐	☐	☐	☐	☐
220.	☐	☐	☐	☐	☐	☐	☐	☐	☐



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