

Wellness Policy Committee Meeting

Thursday, October 6, 2016 – 4pm

Nutrition Services Conference Room – CAB West

1. Welcome and introductions – Sebastian Varas
 - a. Present: Sebastian Varas, Nutrition Services Director; Emily Jenkins, District Dietitian; Erika Latimer, Dietetic Intern; Susan Edwards, Public Engagement Coordinator; Betty Shaw, PTA
 - b. Absent: Jamal Willis, Wellness Policy Chair; Mindi Paskins, PE Teacher; Suzanne Madsen, District Nurse; David Carr, student; Taylor Palmatier, student; Shannon Reynolds, Parent
2. Review of ‘Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Kids Act of 2010: Summary of the Final Rule’ from USDA – Sebastian Varas
 - a. To better fulfill the requirements of the wellness policy, the committee will work to include more parents and students
 - i. Susan will work on finding parents and students that can sit on the committee
 - b. As part of wellness policy implementation, the committee must set standards for foods that are NOT sold, but given out in the schools
 - i. This will be discussed at a further meeting.
3. Review of ‘Wellness Policy Monitoring Form’ and ‘Local Wellness Policy Checklist’ – Sebastian Varas
 - a. The committee suggests Canyons Living Leaders in each school will be able to quickly assess policy implementation by going over this checklist.
 - i. This will be finalized at a further meeting.
 - b. The committee suggests meeting more often to finalize, potentially quarterly
4. Next meeting: TBD

Handouts: ‘Local School Wellness Policy Implementation under the Healthy, Hunger-Free Kids Act of 2010: Summary of the Final Rule’, ‘Wellness Policy Monitoring Form’, ‘Local Wellness Policy Local Wellness Policy Checklist’