

EMPLOYEE ASSISTANCE PROGRAM



SOMETIMES, JUST HAVING SOMEONE
TO TALK TO IS THE ANSWER



BLOMQUIST HALE
CONSULTING

EMPLOYEE ASSISTANCE PROGRAM (EAP)

- ▶ *Individual Counseling*
- ▶ *Marital and Relationship Counseling*
- ▶ *100% Confidential*
- ▶ *Wellness in the Workplace*
- ▶ *Financial Counseling and Referrals*
- ▶ *Legal Advice and Referrals*
- ▶ *24/7 Availability - No Session Limits*
- ▶ *Elderly Care Support and Referrals*
- ▶ *Free to Employees and Families*



EMPLOYEE ASSISTANCE PROGRAM (EAP)



HELP FOR ANY TYPE OF PROBLEM:

The Blomquist Hale Employee Assistance Program provides direct, hands-on help to address literally any type of problem. Typical problem areas include marital difficulties, family problems, personal and emotional difficulties, legal issues, financial problems, elderly care consults, referrals to medical professionals, and referrals for alcohol & drug treatment.

WHO IS ELIGIBLE?

All employees and their dependents are eligible to receive counseling services.

SERVICES AT NO CHARGE:

Employees and their eligible dependents can receive problem-solving help, free of charge.

BRIEF, PROBLEM-FOCUSED THERAPY:

Employee Assistance Program therapists use a brief, problem-focused therapy model to resolve problems quickly. Using this approach, clients take more responsibility in learning how to resolve their own problems than using the traditional therapy approach.

DIRECT CARE - NO SESSION LIMITS:

There is no set limit on the number of sessions provided through the full time offices. However problems, which will not respond to short term therapy, are referred to appropriate community providers. Traditionally, over 80% of all problems are handled with no referrals made to outside providers.

CONFIDENTIALITY:

Blomquist Hale EAP practices strict adherence to all professional, state and federal confidentiality guidelines. Confidentiality is guaranteed to all participants.

SIMPLE 24 HOUR, 7 DAYS A WEEK ACCESSIBILITY:

An EAP Counselor is available around the clock for emergency and crisis situations. Simply call the office nearest to you and set an appointment. No paperwork or approval is needed.

PROFESSIONAL COUNSELORS:

Counselors with Masters degrees or above staff each office. The staff includes Marriage and Family Therapists, Clinical Social Workers, and Licensed Professional Counselors.

WEB SITE:

Visit our web site at www.blomquisthale.com for additional details. Here you can look at counselor biographies, view a brief video, find helpful articles and check out other details about the Employee Assistance Program benefit.

FULL TIME OFFICES:

Blomquist Hale Employee Assistance Program has full time offices in multiple cities, towns and remote areas across the nation. Call today find a location near you.

UTAH LOCATIONS

Salt Lake City

4500 South 860 East, Suite 202

Salt Lake City, Utah 84107

Main: 801-262-9619

Toll Free: 800-926-9619

Ogden

1140 East 36th Street, #111

Ogden, Utah 84403

Main: 801-392-6833

Toll Free: 800-395-7850

Brigham City

118 East 100 North

Brigham City, Utah 84302

Main: 435-723-1610

Toll Free: 800-894-6822

Orem

891 West Center Street

Orem, Utah 84057

Main: 801-225-9222

Toll Free: 800-723-9330

Logan

550 North Main #112

Logan, Utah 84321

Main: 435-752-3241

Toll Free: 800-894-6822

For additional Utah locations call 800-926-9619 or visit our website.

NATIONAL LOCATIONS

For Blomquist Hale National Office

Locations call 800-926-9619 or visit our website.

You then will be connected to one of our highly qualified clinicians across the country.