Register Any Time!
- Go to http://entrada.revtrak.net
- Click ‘Community Education’
- Select Class Category
- Select Class
- Click ‘CLICK HERE to Register for this Class’
- Create an account or login to pay and register

Walk-In Registration
January 6 - 8, 2020
9:00 AM - 2:00 PM
825 East 9085 South - Room 107
Cheri Prince
cheri.prince@canyonsdistrict.org
801.826.6689
Did you know that Utah is one of only a few states where an adult can go back to school to earn a high school diploma? If you or someone you know never finished high school, it’s not too late to graduate! Whether you need one or 24 credits, we have everything you need: Classes, on-line courses and self-study materials.

**Don’t wait! Call us today!**

**Entrada - Education for Life!**

801.826.6675  
entrada.canyonsdistrict.org  
Monday - Thursday - 11:00 AM - 9:00 PM

**High School Registration**
- Call 801.826.6675 to schedule a high school orientation appointment!
- Students interested in taking the GED* test may take a free test at Entrada to check their readiness!

**Tuition Schedule**
- Adult High School & ESL Tuition - $50/Semester  
- Adult High School Book Deposit *(if required)* - $50  
- ESL Book - $30

**GED* Information**
Did you know you can find out how you will do on the GED* for free through our pre-test? Make an appointment today!

**Steps for GED* Completion**
- Call 801.826.6675 and schedule an appointment for your free pre-test. Appointments on Wednesday at 12:00 PM or 6:00 PM.  
- Take the pre-test. (Allow three hours for completion.)  
- If you want to improve your score, take the GED* Prep class through Entrada.

**ESL Information**
English as a Second Language classes are designed for speakers of other languages to improve their English language skills. Call 801.826.6675 for class schedule.

**FOOD HANDLER PERMIT INFORMATION**
Don’t allow “good enough” food safety training to expose your business mistakes and worse - when you can have a highly qualified instructor come to your work place!

**On-site Options for Food Handler Permits**
Call us to set up a food handler’s class at your location. Please have at least 15 students in each class; if more than 50, please let us know before class. Cost is $30.00 per card.

**Schedule for Food Handlers Permits**
*Beginning September 2019*
- **English:** 2nd and 4th Tuesday - 3:30 PM & 6:00 PM  
- **Spanish:** 2nd and 4th Wednesday - 5:00 PM

**Food Handler Permit Question?**
Contact Jorge Mendez - 801.694.0678
CANYONS COMMUNITY EDUCATION CLASSES
825 East 9085 South - Sandy, UT 84094 | 801.826.6689
Principal - Amy Boettger | Program Assistant - Cheri Prince - cheri.prince@canyonsdistrict.org

Class Locations & Site Coordinators

CTEC
825 East 9085 South - Sandy
David Selin - 801.870.2245
david.selin@canyonsdistrict.org

Indian Hills Middle School
1180 East Sanders Road - Sandy
Michelle Lacross - 616.706.7504
michelle.lacross@canyonsdistrict.org

Midvale Senior Center
7550 South Main (7th West)
Cheri Prince - 801.826.6689
cheri.prince@canyonsdistrict.org

ONLINE REGISTRATION STEPS:
- Go to http://entrada.revtrak.net
- Click ‘Community Education’
- Select Class Category
- Select Class
- Click ‘CLICK HERE to Register for this Class’
- Create an account or login to pay and register

How to Read Class Listings
Class Number - Location - Instructor
Day of Week - Time - First Class - Number of Sessions - Price

IMPORTANT DATES:
Walk-In Registration Begins:
January 6-8, 2020
(Monday - Wednesday)
9:00 AM - 2:00 PM
Community Education Classes begin Tuesday, January 21, 2020
After School Programs begin Monday, January 27, 2020

No Classes - School Locations Only
- February 17 - President’s Day
- February 24-28 - Parent Teacher Conferences

Registration Policies
- Online and mail registrations will be accepted until the class is full or the class begins.
- Checks, money orders or credit/debit cards accepted.
- Make checks payable to: CANYONS SCHOOL DISTRICT.
- No phone registration accepted.
- All material fees must be paid directly to instructor at the first class.
- See individual class listing for number of sessions.

Refunds & Cancellations
- Enrollment canceled more than 72 hours after registration will incur a fee of $10/class/student.
- No refunds on camps and classes shorter than six (6) weeks unless canceled at least one week before first class meeting.
- To receive a refund, you must withdraw from class at least 24 hours before the beginning of the second class.
- Please contact your site coordinator to cancel enrollments.
- Students cannot attend class until registration and payment is complete.

Online Registration
Registration Link: http://entrada.revtrak.net
Payment is made by credit/debit card.
Your statement will show ‘Entrada High School’.

Walk-In Registration
January 6-8, 2020
9:00 AM - 2:00 PM
825 East 9085 South
Room 107
Cheri Prince
801.826.6689

Mail
Mail Registration Form
and check/money order to:
Community Education Registration
825 East 9085 South
Sandy, UT 84094
**Canyons School District**  
**Community Education Registration**  
825 East 9085 South  
Sandy, UT 84094  
Voice 801-826-6689 / Fax 801-826-6679  
Date: ____________________________________

Your Name: _____________________________________  Email: ____________________________________________

Mailing Address: ___________________________________________________________________________________________  
Street City State/Zip

Phone: _____________________________________  Alt. Phone: __________________________________________

**Adult Classes**

<table>
<thead>
<tr>
<th>Student Name</th>
<th>Class Name</th>
<th>Class Number</th>
<th>Day</th>
<th>Time</th>
<th>Class Cost</th>
</tr>
</thead>
<tbody>
<tr>
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</tr>
</tbody>
</table>

Please make checks payable to “Canyons School District”  
**TOTAL DUE:** ____________________________

**Youth Classes**

<table>
<thead>
<tr>
<th>Student Name and Age</th>
<th>Class Name</th>
<th>Class Number</th>
<th>Day</th>
<th>Time</th>
<th>Class Cost</th>
</tr>
</thead>
<tbody>
<tr>
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</tr>
</tbody>
</table>

Please make checks payable to “Canyons School District”  
**TOTAL DUE:** ____________________________

Allergies or behaviors your child’s teacher needs to know about: __________________________________________________________

Name and phone of person picking up your child from class? __________________________________________________________

- No refunds after the second class  
- Enrollments canceled more than 72 hours after registering may incur a fee of $10/class/student  
- Multiple participants from the same family may use one form  
- Please retain this as your receipt/proof of enrollment  
- Children picked up after class more than 15 minutes late may be dropped from the class without a refund

**Canyons Community Education Release and Indemnification:**

RELEASE AND INDEMNIFICATION: I hereby recognize and acknowledge that my/my child’s participation in recreational activities may involve bodily and/or emotional injury to me and/or my child. In consideration of being permitted to participate in such activities, I, for myself, my child, my heirs, my executors and administrators, hereby voluntarily and knowingly indemnify and hold harmless, defend, release, waive and discharge Canyons School District, and its officers, employees, and volunteers from any and all suits, claims or liability, including negligence, based on any injury except that caused solely by the willful misconduct of Canyons School District, that may result from my or my child’s participation in Canyons School District Community Education activities. In addition, I agree that I or my insurance company will pay for medical, hospitalization, and any other expenses resulting from my or my child’s participation.  
EMERGENCY TREATMENT/PHOTOS: I hereby authorize Canyons School District employees or volunteers to act on my behalf in accordance with their reasonable judgment in case of emergency involving me or my child. I agree to assume full responsibility for all expenses, medical or otherwise, that may arise from any such emergency. I understand and agree that I or my insurance company may be billed for such treatment. I also understand that registration in this program constitutes permission for Canyons School District to use photos and videos taken during the course of business in promotional materials. I agree to abide by and cooperate with Canyons Community Education policies. (Please see CSD website for policies).

I have carefully read the above release and authorizations, and sign it with full knowledge of its contents and significance.

__________________________  __________________________  __________________________
Signature  Print Name  Date
Register Online - http://entrada.revtrak.net

ADULT COMMUNITY EDUCATION

Adult classes are age 18+, unless otherwise indicated.

Arts, Crafts & Performing

Acrylic Painting - Adult (18+)

Come Paint With Us! We are Milk and Cookies Painting and we love to teach people how to paint! We will explore the basic concepts of acrylic paint and paint a new piece of art each week! All materials provided, just come and learn the fundamentals of painting and enjoy trying something new. Canvas Size is 11X14, except for pour paintings they are 8x10. No add-ons or sit-ins. Please arrive 10 minutes early. Classes with insufficient enrollment may be cancelled. Registrants will be notified via email and/or phone. If canceled by us, your payment will refunded.

Paintings attempted during this class:
Cloudy Landscape, Puffin, Pour Painting, Sailboat, Tree, Wave
#1120 - Indian Hills Middle School - M&C Painting
Tuesday ... 6:00-8:30 PM ... 01/21 ... 6 Sessions ... $139

Paintings attempted during this class:
Ducks, Tree, Pour Painting, Mountain scene, Orca, Lighthouse
#1121 - Indian Hills Middle School - M&C Painting
Thursday ... 6:00-8:30 PM ... 01/23 ... 6 Sessions ... $139

Art Haven - Colorful Landscapes - Adult (18+)

Join us for this relaxing and creative class all about landscapes! In this class we will lean about composition and perspective, while devoting some time to color theory. We will learn to understand shadows and light in preparation for creating a landscape using acrylic paints. Come and learn some essential skills that will guide you into creating a landscape of your very own.

#1322 - Midvale Senior Center - Art Haven
Tuesday ... 5:30-6:45 PM ... 03/03 ... 6 Sessions ... $89

Art Haven - Discover Drawing - Adult (18+)

Anyone can draw! This means you! In this fun eight-week class we’ll work our way through a number of exercises designed to train your eyes, hand and imagination to work together. Learn the art of drawing, as we break it down into simple steps. Students will work on weekly exercised to build their drawing skills. With some practice and our guidance you can improve your drawing skills!

#1107 - Indian Hills Middle School - Art Haven
Thursday ... 5:30-6:45 PM ... 01/23 ... 8 Sessions ... $119
#1315 - Midvale Senior Center - Art Haven
Tuesday ... 6:45-8:00 PM ... 01/14 ... 6 Sessions ... $89
#1316 - Midvale Senior Center - Art Haven
Tuesday ... 6:45-8:00 PM ... 03/03 ... 6 Sessions ... $89
#1317 - Midvale Senior Center - Art Haven
Tuesday ... 6:45-8:00 PM ... 04/21 ... 6 Sessions ... $89

Art Haven - Walk Through Watercolor - Adult (18+)

Take a walk with us as we travel along the road to painting success. In this class we will explore the beauty of watercolors. We will focus on elements of design, color, harmony and space. Most students notice striking improvement in their artwork as the class moves along. Join us on this fun and relaxing venture, as we build a foundation that will lead to our own great works of art. All materials included for in-class work. Ongoing class with new projects to explore each session! All levels welcome!

Digital Photography - Beginning - Adult (18+)

Learn how to use the basic camera controls of a digital SLR or mirrorless camera to create high quality photographs. Learn how to create dynamic, interesting, story-telling images. Instructor has been a professional photographer for over 30 years, and has taught photography classes for over 20 years. Class is limited to 12 students.

#1632 - CTEC - Mark Romesser
Wednesday ... 6:00-8:00 PM ... 01/22 ... 8 Sessions ... $60

Community Education Classes Continued on Page 11 ...

Salt Lake County Senior Centers
Community Centers for Older Adults

- Health & Wellness Classes
- Exercise Facilities
- Lunch
- Special Events
- Entertainment
- Arts & Crafts
- Social Engagement & Support Groups
- Educational Classes
- Rental Space for Private Events
- 16 Convenient Locations

(385) 468-3200
slco.org/aging
IT'S GETTING HOT
AT THE ENTRADA ANNUAL GREENHOUSE SALE

MAY 11-14, AND 18-21 (OR UNTIL SOLD OUT)
11-AM---7-PM  825-EAST-9040-SOUTH

We will have...

OUR BIGGEST VARIETY OF PEPPERS EVER
INCLUDING GHOST* AND THE WORLD'S HOTTEST CAROLINA REAPER*! *SO FIERY THEY ARE LIMITED TO ONE PER ADULT CUSTOMER*

FLOWERS: GERANIUMS, COLEUS, PETUNIAS, MARIGOLDS & MORE

TOMATOES
ONCE AGAIN 50 HARD-TO-FIND HEIRLOOM VARIETIES
MORE PERENNIALS THAN EVER INCLUDING
YUCCAS & ICE PLANTS

HERBS  VEGETABLES  SUCCEULENTS  HOUSE-PLANTS
SENSORY GARDEN PLANTS THAT YOU CAN TOUCH, SMELL, AND SEE

Support our Entrada students

QUESTIONS:--CHERI-PRINCE  801-826-6689  cheri.prince@canyonsdistrict.org
WINTER CLASSES
2020

Register Now!
entrada.revtrak.net

- Select ‘Community Education’
- Select ‘After School Enrichment Programs - WINTER’
- Select the Winter Class of Interest
- Select ‘Click Here’ to Register
- Create an Account (or login to an existing account) & Pay

Please Note: Our policy does not allow parents to observe any classes.
If you have questions about any of the classes, please contact individual providers directly!

Refunds will only be given for cancellations made before the second class meeting of any canceled class.
To receive a refund, you will need to cancel 24 hours prior to the beginning of the second class.
Enrollments canceled more than 72 hours after registering will incur a fee of $10/class per student.

Classes are offered in partnership with Canyons School District Community Education.
To register in person, please contact:
Canyons School District Community Education | Cheri Prince
cheri.prince@canyonsdistrict.org
825 East 9085 South - Sandy, UT 84094 | 801.826.6689
Don’t miss our Total Art Experience this Fall!
Grades K-5
Seven Weeks
$104.00
All materials included!
Dress for mess, creativity and fun!
Contact: Teresa at 801.913.0233 or taska@arthavenplace.org

Don’t miss out on our total art experience this winter! Art Haven has all new multi-medium experiences every session, with both two and three-dimensional art. This session experiment with a wide variety of materials! Discover principles and elements of design, art history and culture, as students use their imaginations to turn their ideas into reality. Combining fine art with sculpture and mixed media will provide each child with the knowledge and skills they need to unleash his or her creativity and the ability to produce beautiful works of art.

<table>
<thead>
<tr>
<th>Class Number</th>
<th>Location</th>
<th>Day of Week</th>
<th>Start Date</th>
<th>End Date</th>
<th>No Class Dates</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>3054</td>
<td>Alta View</td>
<td>Tuesday</td>
<td>1/28</td>
<td>3/17</td>
<td>2/25</td>
<td>3:00 - 4:00</td>
</tr>
<tr>
<td>3055</td>
<td>Altara</td>
<td>Friday</td>
<td>1/31</td>
<td>3/20</td>
<td>2/28</td>
<td>1:30 - 2:45</td>
</tr>
<tr>
<td>3059</td>
<td>Brookwood</td>
<td>Tuesday</td>
<td>1/28</td>
<td>3/17</td>
<td>2/25</td>
<td>3:40 - 4:40</td>
</tr>
<tr>
<td>3060</td>
<td>Butler</td>
<td>Tuesday</td>
<td>1/28</td>
<td>3/17</td>
<td>2/25</td>
<td>3:05 - 4:05</td>
</tr>
<tr>
<td>3062</td>
<td>Crescent</td>
<td>Friday</td>
<td>1/31</td>
<td>3/20</td>
<td>2/28</td>
<td>2:00 - 3:15</td>
</tr>
<tr>
<td>1653</td>
<td>CTEC</td>
<td>Tuesday</td>
<td>1/28</td>
<td>3/17</td>
<td>2/25</td>
<td>10:00-11:00</td>
</tr>
<tr>
<td>3063</td>
<td>Draper</td>
<td>Monday</td>
<td>1/27</td>
<td>3/23</td>
<td>2/17, 2/24</td>
<td>3:25 - 4:25</td>
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<tr>
<td>3064</td>
<td>East Sandy</td>
<td>Tuesday</td>
<td>1/28</td>
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<td>2/25</td>
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<tr>
<td>3066</td>
<td>Granite</td>
<td>Friday</td>
<td>1/31</td>
<td>3/20</td>
<td>2/28</td>
<td>2:00 - 3:15</td>
</tr>
<tr>
<td>3067</td>
<td>Lone Peak</td>
<td>Monday</td>
<td>1/27</td>
<td>3/23</td>
<td>2/17, 2/24</td>
<td>3:25 - 4:25</td>
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<tr>
<td>3069</td>
<td>Oak Hollow</td>
<td>Tuesday</td>
<td>1/28</td>
<td>3/17</td>
<td>2/25</td>
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<tr>
<td>3071</td>
<td>Park Lane</td>
<td>Wednesday</td>
<td>1/29</td>
<td>3/18</td>
<td>2/26</td>
<td>3:10 - 4:10</td>
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<tr>
<td>3072</td>
<td>Peruvian Park</td>
<td>Thursday</td>
<td>1/30</td>
<td>3/19</td>
<td>2/27</td>
<td>3:00 - 4:00</td>
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<td>3073</td>
<td>Quail Hollow</td>
<td>Thursday</td>
<td>1/30</td>
<td>3/19</td>
<td>2/27</td>
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<tr>
<td>3074</td>
<td>Ridgecrest</td>
<td>Thursday</td>
<td>1/30</td>
<td>3/19</td>
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<tr>
<td>3075</td>
<td>Silver Mesa</td>
<td>Wednesday</td>
<td>1/29</td>
<td>3/18</td>
<td>2/26</td>
<td>3:00 - 4:00</td>
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<tr>
<td>3076</td>
<td>Sprucewood</td>
<td>Friday</td>
<td>1/31</td>
<td>3/20</td>
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<td>1:50 - 3:05</td>
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<tr>
<td>3077</td>
<td>Sunrise</td>
<td>Monday</td>
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<td>3/23</td>
<td>2/17, 2/24</td>
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<tr>
<td>3079</td>
<td>Willow Springs</td>
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<td>3/18</td>
<td>2/26</td>
<td>3:40 - 4:40</td>
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</tbody>
</table>

Our programs are designed with the goal of teaching all levels of soccer to all participants! We know practice makes perfect so our SOCCER I.Q. program can offer your child the opportunity for practicing more specific touches on the ball!
- Learn how to dribble, pass and shoot with our coaches focusing on each subject, while having fun in a no-pressure environment.
- Learn how to combine dribbling, passing and shooting together in game play situations.
- Learn how to apply dribbling, passing and shooting in a specific position on the field.
- A player’s individual growth will be monitored throughout the program.

<table>
<thead>
<tr>
<th>DAY</th>
<th>START DATE</th>
<th>END DATE</th>
<th>TIME</th>
<th>COST</th>
<th># OF SESSIONS</th>
<th>LOCATION</th>
<th>CLASS #</th>
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<td>3/16/20</td>
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<td>$60</td>
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<td>ALTA VIEW</td>
<td>3160-070-W20</td>
<td>2/17, 2/24</td>
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<td>MONDAY</td>
<td>1/27/20</td>
<td>3/16/20</td>
<td>3:00-4:00</td>
<td>$60</td>
<td>6</td>
<td>SUNRISE</td>
<td>3183-070-W20</td>
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<td>TUESDAY</td>
<td>1/28/20</td>
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<td>3:00-4:00</td>
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<td>6</td>
<td>SILVER MESA</td>
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<td>2/25</td>
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<td>WEDNESDAY</td>
<td>1/29/20</td>
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<td>6</td>
<td>GRANITE</td>
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<tr>
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<td>3:30-4:30</td>
<td>$60</td>
<td>6</td>
<td>SPRUCEWOOD</td>
<td>3182-070-W20</td>
<td>2/26</td>
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<tr>
<td>THURSDAY</td>
<td>1/30/20</td>
<td>3/12/20</td>
<td>3:25-4:25</td>
<td>$60</td>
<td>6</td>
<td>OAKDALE</td>
<td>3176-070-W20</td>
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<tr>
<td>FRIDAY</td>
<td>1/31/20</td>
<td>3/13/20</td>
<td>2:00-3:00</td>
<td>$60</td>
<td>6</td>
<td>WILLOW SPRINGS</td>
<td>3185-070-W20</td>
<td>2/28</td>
</tr>
</tbody>
</table>

Fees: $60.00 (includes Soccer IQ Soccer T-Shirt  Ages: 5-12 years
Please bring shin guards, plenty of water to drink and indoor soccer/tennis shoes! No cleats!
Contact us with questions directly! SIQSOCCER@gmail.com | 801.938.5225

Register Now! entra.da.revttrak.net
If you have questions about any of the camps, please contact individual providers directly!
Why are you just playing games on your phone, computer or tablet? Why not build a game?! Coders Club teaches the basics of STEM coding to students 2nd - 5th Grade by building interactive games. Students make games using MIT’s Block-Based Coding and Scratch that are easy to learn for any beginner and is popular among the students. This program will teach creative thinking, problem solving, teamwork and will build STEM foundations.

littlencodeclub@gmail.com | Parveen Gupta | 801.804.0442
2nd - 5th Grade | 7 Sessions | $99.00

Mission: Code: A unique camp experience that allows children, age 8-11, to learn essential coding skills while also engaging in active games and hands-on learning. Children will develop computational thinking and problem solving skills in an online game environment where you give a robot a set of instructions to follow in order to solve the level. Each coding session provides children with a fundamental skill set including algorithms, functions, relative directions and sequences. The combination of online activities paired with engaging offline activities like scavenger hunts, code-cracking mysteries and team robotics challenges that keep kids active and reinforce coding skills is a winning formula for fun!

Brixology (K-5)
Engineers make the world an awesome place! Building with LEGOS is fun, but engineering with them is sooo much better! Engineers design, test, then fix their design to make it better.

pHunky pHysics (K-5)
Inspire the desire to inquire with this fun foray into the physical sciences! There’ll be physics, fliers, chemistry, and electrons that’ll have a lasting effect on the aspiring student scientist!

Pre-School (Age 3-6)
Explore the Garden
Each session is devoted to different aspects of the garden, allowing children to progressively enrich their understanding of how living things grow and how they interact with the environment around them. Children will perform hands-on experiments, play themed games and enjoy a story related to the session’s themes.

laurie@madsciencegslc.com
801.292.8646
801.916.5832

Register Now! entrada.revtrak.net
If you have questions about any of the camps, please contact individual providers directly!
### Tennis Fundamentals for Youth (Grades K-5th)
This class will have a student hitting a tennis ball on the first day of class despite their current athletic ability. Younger children will learn coordination skills of catching and hitting while the more experienced will learn how to hit topspin, aim at targets, and rally with other players. The main focus for this class is for the kids to have fun playing a game that they can play their entire life.

Karl Ward | 801.368.6048 | kawol3526@hotmail.com

<table>
<thead>
<tr>
<th>Location</th>
<th>Day of Week</th>
<th>Start Date</th>
<th>End Date</th>
<th>Skip Dates</th>
<th>Time</th>
<th># Session</th>
<th>Cost</th>
<th>Class #</th>
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<td>5</td>
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### Building Robotics Grades 2nd-5th
Join us on a space mission during our fun course! We will focus on creativity and engineering fundamentals as students work with LEGO® Mindstorms EV3 and the Space Challenge set. As teams work to accomplish each task, creativity will soar and students will utilize critical thinking to complete each mission! $89.00

801.633.8499 | utahdanceworks@yahoo.com

### FROZEN Sing and Dance Along
This magical camp will include a combination of dance technique and musical theater. Students will be able to learn and perform songs from the popular movies FROZEN and FROZEN II using fun props and costumes! Perform with us on STAGE at the conclusion of this unforgettable class with an audience of parents/guardians, family and friends!

801.633.8499 | utahdanceworks@yahoo.com

### Basketball (Grades K-5)
Club GSL's Basketball Academy will focus on skill development in a positive environment with trainers who care about giving your child a winning experience. $59 for the 5-week program. Please wear comfortable clothing, tennis shoes and bring a water bottle.

Ages 5-12 years old.
Basic Defensive Concept | Basic Offensive Concept
Athleticism | Ball Handling | Footwork | Lay Ups | Passing | Shooting

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### Volleyball (Ages 7-12)
Learn to play Volleyball! Boys and girls are encouraged to join us as we teach the fundamentals of the game. We will have fun learning to compete while learning new skills in a safe and challenging environment.

$69 for a 6-week class, includes a T-Shirt!
Ages 7-12 years old.

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### Location | Day of Week | Start Date | End Date | Skip Dates | Time | # Session | Cost  | Max |
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**Fiction Writing - Adult (18+)**
Everyone has a novel inside them. Come get it out of your head and onto the page, where it belongs. Learn how to structure your story for the greatest emotional impact, write believable characters, and create evocative settings in a fun, friendly and supportive atmosphere. Instructor is the author of Fires of Hell, a steampunk adventure novel; past president of Wasatch Mountain Fiction Writers; and an editor. $20.00 material fee paid to the instructor the first night of class.

#1126 - Indian Hills Middle School - Maureen Mills
Tuesday ... 6:00-8:00 PM ... 01/21 ... 8 Sessions ... $50

**Old European Figure Carving - Adult (18+)**
This carving class is for anyone who would like to learn about Old World Folklore, historic Swedish whittling and German wood carving from the Alps. Learn some of the history of wood carving from Europe. You will be taught how to use knives and gouges, how to sharpen your tools, choose a subject, find the proper nature carving woods, do the figure layout & how to whittle and carve historic human figures. Instructor was taught in Germany and Bavarian Alps 1971-2 and has been a commercial wood carver designer, craftsman and sculptor for over 30 years. For a required tools list and information call David Paul at 801-571-6095.

#1150 - Indian Hills Middle School - David Paul
Tuesday ... 6:00-9:00 PM ... 01/21 ... 8 Sessions ... $85
#1151 - Indian Hills Middle School - David Paul
Thursday ... 6:00-9:00 PM ... 01/23 ... 8 Sessions ... $85

**Paint Your Pet! - Adult (18+)**
Come paint your pet with us! Our artist will sketch your photo on canvas and we’ll teach you to paint it. 16X20 Canvas. After you make your reservation, email a picture of your pet to milkandcookiespainting@gmail.com. Close up, high quality images work best! Only send one (1) photo per painter and only one (1) pet per painter. (Photos with multiple pets cannot be used.) DEADLINE: all photos must be received no later one week prior to the event! Seating is limited to only 12 students per class.

**REFUND/CANCELLATION POLICY:** Due to customize sketching, this class is NON-REFUNDABLE. No shows will not receive a credit, refund or future reservation. Please arrive 10 minutes early to check in and find your pet on the canvas as we will begin class on time. Classes with insufficient enrollment may be cancelled. Registrants will be notified via email and/or phone. If canceled by us, your payment will be refunded.

#1128 - Indian Hills Middle School - Linda Osman
Tuesday and Thursday ... 7:00-8:30 PM ... 03/10 & 03/12 ... 2 Sessions ... $69
#1129 - Indian Hills Middle School - Linda Osman
Tuesday and Thursday ... 7:00-8:30 PM ... 03/17 & 03/19 ... 2 Sessions ... $69

**Quilting 101 & 201 - Combined Class - Adult (18+)**
101 - If you've sewn or quilted a little, or just always been interested in quilting and appliqué and need some help getting started, this class is for you. Bring your own sewing machine the second night of class, having access to a machine is required. $5 materials fee paid to instructor. Prior sewing experience is recommended.

201 - Come join and learn how to make a twister quilt, a heart stack-n-slash or work on your own project. It is a fun way to get a quilt made with the help of an instructor. $5 for materials paid to instructor. First week will be for planning; the next five weeks bring your own machine and get ready for the fun! Previous sewing experience is required.

#1106 - Indian Hills Middle School - Debra Simons
Tuesday ... 6:00-9:00 PM ... 01/21 ... 6 Sessions ... $50

**Keep Learning!**

Register Online - http://entrada.revtrak.net
Dance, Fitness & Sports

Ballroom - Adult (18+)
Fun date-night activity! Learn simple, stylish moves and have more fun at parties, weddings, cruises, and social dance events. Be comfortable and confident on the dance floor! Taught by Margene Anderson; a highly-trained professional ballroom, Latin, salsa and swing instructor, with over 30 years of experience. Call 801-544-1339 for questions. Ages 18+. Class fee is per person, but you MUST register with a partner.

#1113 - Indian Hills Middle School - Margene Anderson
Tuesday ... 7:00-8:00 PM ... 01/21 ... 6 Sessions ... $39/Person

#1144 - Indian Hills Middle School - Margene Anderson
Tuesday ... 8:00-9:00 PM ... 01/21 ... 6 Sessions ... $39/Person

Drums Alive - Adult (18+)
Feel and experience the pulsating rhythms, dynamic movements, and powerful percussions of this new high-energy dance and rhythm program. Drums Alive Power Beats combines traditional aerobic movements with the powerful beat and rhythms of the drums. It is a workout for the entire mind, body, and spirit! Wear comfortable shoes and bring a water bottle.

#1111 - Indian Hills Middle School - Michael Muniz
Tuesday ... 7:00-8:00 PM ... 01/21 ... 8 Sessions ... $35

Tai Chi Fu Style - Beginning - Age 16+
Chinese martial art as taught by Grandmaster Victor Sheng Fu, for increased health and wellness. Tai Chi is a slow moving martial art, mostly used in Traditional Chinese Medicine, often referred to as a moving meditation. Tai Chi helps to combat immune-response to viruses, stress, heart attack, high blood pressure, osteoporosis, diabetes and arthritis; can greatly enhance balance, flexibility, sleep, relaxation, bone-strength, cardiovascular fitness, mobility and overall well-being. Wear comfortable, loose clothing.

#1326 - Midvale Senior Center - Mike Farfel
Thursday ... 7:00-8:00 PM ... 01/16 ... 8 Sessions ... $25

Yoga - Adult (18+)
Introduction to yoga poses to help build strength and flexibility. The class pace is slow and there will be time for questions. Bring a mat, a blanket or towel and water. Wear comfortable clothing.

#1304 - Midvale Senior Center - Danae Huizenga
Tuesday ... 6:30-7:30 PM ... 01/14 ... 6 Sessions ... $25

#1305 - Midvale Senior Center - Danae Huizenga
Tuesday ... 6:30-7:30 PM ... 03/03 ... 6 Sessions ... $25

#1306 - Midvale Senior Center - Danae Huizenga
Tuesday ... 6:30-7:30 PM ... 04/21 ... 6 Sessions ... $25

Yoga & Gentle Movement - Adult (18+)
This hour long class will help you reconnect with your true, highest self, while you learn and practice skills for physical fitness and whole body wellness. We will move easily through grounding and restorative yoga asana (postures), as well as collectively experience the calm peace of body awareness and self-discovery.

#1119 - Indian Hills Middle School - Kevin Shaw
Tuesday ... 6:00-7:00 PM ... 01/21 ... 8 Sessions ... $30

Zumba - Adult (18+)
Zumba is a fitness program that combines Latin and international music and dance moves. Zumba incorporates interval training – alternating fast and slow rhythms. Each Zumba class brings people together having so much fun you’ll forget you are exercising.

#1308 - Indian Hills Middle School - Michael Muniz
Thursday ... 7:00-8:00 PM ... 01/23 ... 6 Sessions ... $25

Family Life & Psychology

Anticipating a Bright Future - Adult (18+)
Learn skills to enhance your quality of life to better serve you and prepare you for the future. Topics include the power of words, beliefs, gratitude, and forgiveness; defining and focusing on our desires and life mission, and making provisions for the future.

#1133 - Indian Hills Middle School - Karen Thomas
Thursday ... 6:00-8:00 PM ... 01/30 ... 2 Sessions ... $20

Effective Team Building - Adult (18+)
Develop strategies for recognizing and utilizing people's natural strengths and abilities (including your own) to create a positive, productive environment at home, in the workplace, and in the community.

#1135 - Indian Hills Middle School - Karen Thomas
Tuesday ... 6:00-8:00 PM ... 02/11 ... 2 Sessions ... $20

Three-Part Emergency Preparedness Series - Adult (18+)
Benefit from hundreds of hours of research designed to aid you in effectively preparing for disasters that could impact our area.

Week 1: Fact or Myth? Lifesaving Disaster Responses
Find out if you believe any of the common disaster myths. Discover the facts about disasters, recommended protective actions that could save your life, and six areas of preparedness activities to ensure the well-being of your loved ones.

Week 2: Rebound in 72: Your Preparedness Plan for Resiliency
View preparedness in a new paradigm based on five time periods and eight need areas. Learn how to customize a plan for your family and disaster supply kits for home, work, bedside, evacuation, etc. Explore many beneficial things you can do to prepare with minimal financial investment to increase your resilience and peace of mind.

Week 3: Tips for Handling the Aftermath of a Disaster
Learn recommendations for short-term self-sufficiency immediately following a disaster without power, running water, sewer, etc. Which frozen and refrigerated foods are safe to eat for how long? What alternative cooking methods are acceptable? Explore tips for handling first aid in a disaster setting when professional medical help is unavailable, including testing and treating broken bones, splinting techniques and best positions for various joints, caring for cuts, etc. (The instructor will have some specialty items available for purchase at cost.)

#1134 - Indian Hills Middle School - Karen Thomas
Tuesday ... 6:30-8:30 PM ... 01/21 ... 3 Sessions ... $20

Beginning Mindfulness Practice - Adult (18+)
Mindfulness is paying attention on purpose to the present moment without judgment and with curiosity and kindness. In this beginning mindfulness course titled ‘Learning to Breathe’, we will practice mindfulness exercises to help unwind the mind. This is an educational class, not therapy. We will sit on chairs.

#1136 - Indian Hills Middle School - Linnea Lundgren Charnholm
Tuesday ... 7:00-8:00 PM ... 01/21 ... 8 Sessions ... $40

Organizational Strategies - Adult (18+)
In this class we will discuss organizational and time-saving ideas to be able to achieve your highest priorities and feel fulfilled professionally and personally. You will learn habits to smoothly manage multiple life roles and effectively juggle home/work responsibilities. We will explore ways to feel more organized and calm while meeting the demands of modern family and work life.

#1108 - Indian Hills Middle School - Dawn Rae Wheeler
Thursday ... 7:00-8:30 PM ... 01/21 ... 2 Sessions ... $30

Six Principles for Personal Success - Adult (18+)
This workshop is for everyone wanting to improve their important relationships—beginning with the one they have with themselves. The six principles are taught in a straightforward and individual attention way to help you apply and strengthen what you learn. Examples: Identify automatic negative thoughts, setting healthy boundaries and gaining self-control ... and much more! The $15.00 material fee includes the author’s workbook and handouts. Licensed Clinical Social Worker with 50 years’ experience. Class will be taught from a workbook published by the instructor.

#1118 - Indian Hills Middle School - Jim Lewis
Thursday ... 7:00-8:00 PM ... 01/23 ... 8 Sessions ... $60

Understanding Controlling Relationships - Adult (18+)
Controlling, Conforming, and Confronting are the 3 ‘C’s. These magical words say it all! They give new understanding into how controlling relationships form. They also empower you to replace unhealthy dialog with healthy, dynamic communication that earns your respect. Taught by renowned relationships coach, Todd Pearson, who has 40 years in the counseling profession, you will be equipped with new skills that enable healing and peace into any difficult, stressful relationship. Learn to restore co-equality, set healthier boundaries, resolve conflict and so much more!

#1607 - CTEC - Todd Pearson
Thursday ... 7:00-8:30 PM ... 02/20 ... 3 Sessions ... $20

#1608 - CTEC - Todd Pearson
Thursday ... 7:00-8:30 PM ... 03/19 ... 1 Sessions ... $20
Foreign Language & ASL  
**Italian - Beginning - Adult (18+)**  
Learn the basics of Italian conversation, including greetings and common vocabulary. Build a foundation that will help you to begin to communicate in Italian. Travel and tourism will be highlighted along with the food and history of Italy. Expect to learn helpful concepts for the beginning of your Italian adventure.

#1624 - CTEC - Russ Anderson  
Thursday ... 6:30-8:00 PM ... 01/23 ... 8 Sessions ... $45

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**Spanish - Beginning - Adult (18+)**  
Come and explore the basics of Spanish! Learn vocabulary that is common and useful and how to create sentences. This class will help you start a foundation to help you begin to communicate in Spanish. Expect to learn helpful concepts for the beginning of your Spanish adventure. Be with people that share similar interest. Studying is expected but there are no grades and you correct your own work. $10.00 material fee paid the first night of class.

#1640 - CTEC - Milagros Vasquez  
Wednesday ... 6:00-8:00 PM ... 01/22 ... 8 Sessions ... $60

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**Gardening**  
**The Earliest Spring Garden - Adult (18+)**  
This new gardening class will teach you the fun things to do to for the earliest vegetable garden in the neighborhood! Don’t wait for early summer to enjoy the best garden salads you’ll ever taste. You’ll learn the timing and specific crops to grow, and how to protect your garden from our harsh weather climate. These crops absolutely love cold weather! Also taught is how to make a homemade soil block and a light station for early seed starting. Normally expensive to buy, these items can be made inexpensively and easily at home. The only requisite is a garden spot that gets at least 6-8 hours of sun. After that, it’s all fun! These gardens will be planted by the third week of March. Don’t let the doldrums of winter get you down. Get green sooner! As an extra bonus, how about two mouthwatering salad dressing recipes to go along with that salad mix made up of endive, Mache, baby lettuce, and Tokyo bekana?

#1116 - Indian Hills Middle School - Jim Teahan  
Tuesday ... 6:30-8:00 PM ... 02/04 ... 1 Session ... $20

#1130 - Indian Hills Middle School - Jim Teahan  
Tuesday ... 6:30-8:00 PM ... 02/18 ... 1 Session ... $20

#1301 - Midvale Senior Center - Jim Teahan  
Thursday ... 6:30-8:00 PM ... 03/05 ... 1 Session ... $20

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**Grow Microgreens at Home - Adult (18+)**  
This is a very fun class on how to grow these normally expensive greens at home. Microgreens are highly desirable to chefs at the most expensive restaurants in the country. Attendees learn the ins and outs and then participate in a hands on demonstration. Participants receive a free pamphlet which covers the main topics discussed in class, the most popular microgreens, where to get them, and then a taste test of selected microgreens. This is becoming the most popular class I offer!

#1602 - CTEC - Jim Teahan  
Thursday ... 6:30-8:30 PM ... 01/30 ... 1 Session ... $20

#1122 - Indian Hills Middle School - Jim Teahan  
Tuesday ... 6:30-8:00 PM ... 01/21 ... 1 Session ... $20

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**Houseplants - Fight the Winter Blues! Adult (18+)**  
Come in from the cold and learn what to do to get ready for next spring! Learn plant diagnostics, pruning, house plants and house pests. $5.00 material fee paid to instructor first night of class. $5.00 material fee.

#1611 - CTEC - Jan Konold  
Wednesday ... 6:30-8:00 PM ... 01/22 ... 5 Sessions ... $50

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**Seed Starting - Adult (18+)**  
A basic class on how to start seeds in your home and save money by doing it! Learn the secret on how to save your seeds and keep them viable for up to 10 years! Participants learn how to put together a homemade light station, how to care for seedlings, seed sprouting, hardening-off, and an alternative way to start seeds where no money is ever needed to buy plastic containers again. This is a fun and light class where people gain confidence in their ability and desire to grow whatever they want. Length: 60-75 minutes.

#1628 - CTEC - Jim Teahan  
Thursday ... 6:30-8:30 PM ... 01/23 ... 1 Session ... $20

#1629 - CTEC - Jim Teahan  
Thursday ... 6:30-8:30 PM ... 02/13 ... 1 Session ... $20

#1132 - Indian Hills Middle School - Jim Teahan  
Tuesday ... 6:30-8:00 PM ... 03/03 ... 1 Session ... $20

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**Square Foot Gardening - Adult (18+)**  
What is Square Foot Gardening? A simple, unique and versatile system that adapts to all levels of experience, physical ability, and geographical location. Grow all you want, needing only 20% of the space of a conventional row garden.

• First week of class learn the basics of the Square Foot Gardening systems.

• Second week of class gardening and how to build a proper tower, discussion of seed starting, sprouting seeds and how to build a light station.

• Third week participants learn how to make the best fertilizer utilizing free ingredients from their home and kitchen. You can buy compost anywhere, but you’ll always be using an inferior product if you do. Like everything else, you can’t buy it as good as you can make it—with no cost!

• Fourth week of class is a workshop that covers all the important aspects of the Square Foot Gardening. Building grids, constructing vertical frames, conventional and unconventional spacing, spring and summer protection.

#1302 - Midvale Senior Center - Jim Teahan  
Thursday ... 6:30-8:30 PM ... 03/12 ... 4 Sessions ... $45

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**Miscellaneous**  
**CPR & Basic First Aid - Adult (18+)**  
Learn the basics of adult, child, and infant CPR and using an AED. Learn how to respond effectively during an emergency and how to assess an injured person. The class covers a variety of scenarios and includes hands-on practice and discussion. At the end of the class, students will demonstrate learned skills to earn a two-year CPR/ First Aid Certification consistent with the American Heart Association guidelines. A $30 materials fee is due at the beginning of the first class (class supplies, workbook and certification card).

#1603 - CTEC - Abigail White  
Thursday ... 6:00-8:30 PM ... 01/23 ... 1 Session ... $25

#1631 - CTEC - Abigail White  
Thursday ... 6:00-8:30 PM ... 02/20 ... 1 Session ... $25

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**Magic for Everyone! - Adult (18+)**  
... and anyone who would like to learn astounding, yet simple, magic effects! Learn magic routines using books, coins, napkins, newspaper, rope, string, and other common objects found around the house, along with a few uncommon props that will be supplied. These are not your average ‘magic set’ tricks. You will learn actual routines that have been performed on TV, including one that was performed on America’s Got Talent Christmas Special last year! These lessons include a variety of basic carry-around tricks, games you can’t lose, mind reading, rules of magic, sleight of hand and enough stand-up magic to put on a living room show! Rick Kercher has been performing magic for over 45 years! Material Fee $15.00

#1619 - Indian Hills Middle School - Rick Kercher  
Thursday ... 6:30-8:00 PM ... 01/21 ... 3 Sessions ... $15

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**Medical Coding - Adult (18+)**  
Take the first step toward a career in the fast-growing health care field of Medical Coding! Through our affordable Medical Coding program, you will be prepared to take the AAPC’s CPC exam. The Certified Professional Coder -CPC- Certification Course is a medical coding course that teaches students how to review medical documentation and assign codes according to documentation and coding guidelines. This course will include medical basic terminology, basic anatomy, diagnostic coding (ICD-10), procedural coding (CPT), and HCPCS coding. This course is taught by a AAPC certified instructor, who uses the AAPC CPC curriculum. Upon completion of the course, each participant will be eligible to sit for the American Academy of Professional Coders (AAPC) CPC exam. The fee for this course is $200.

In addition to the course fee of $200, there are three (3) required textbooks that need to be purchased separately:

• Current CPT Coding Manual ($115.99)

• Current ICD-10-CM Coding Manual ($79.99)

• Current CPT Coding Manual ($115.99)

And one (1) additional textbook that can only be purchased through the instructor:

• CPC Textbook ($79.95)

Students may purchase the three (3) required books either online through the AAPC or from any other vendor. (Once enrolled you will receive an email with a link for the student discount with the AAPC. You can then qualify for the three (3) book bundle of $229.99)

Each student will receive a student discount from the AAPC for the CPC exam, the AAPC membership, and earn credit towards one-year experience for removal of
the CPC-A Apprentice.

Make sure you purchase your books early so you will have them at the beginning of the course!

#1614 - CTEC - Rose Cornelius
Wednesday and Thursday ... 6:00-8:00 PM ... 01/22 ... 12 Sessions ... $200

Introduction to Reiki & Self-Healing - Adult (18+)
Come learn about Reiki and the life shifts that can be created with this tool. Learn about chakras, how to work with crystals, benefits of meditation, and the blessings of ‘allowing’. You are your creator and you can unleash your true power. This three-week class includes practical and theory. Call Kari: 801-558-4804 for more information. $53.00 material fee to be paid first night of class.

#1131 - Indian Hills Middle School - Kari Romney
Tuesday ... 9:00-10:00 AM ... 01/28 ... 3 Sessions ... $40

Utah History - Learn More About the State You Live In! - Adult (18+)
Learn about the unique geography and first inhabitants of Utah, including the mountain men who interacted with them. Pioneers who both passed through the area and those who settled here will be taught. The Pony Express, stagecoach travel and the joining of the Transcontinental Railroad will also be explored. Other topics including The Utah War, mining and immigration, statehood and polygamy will be investigated.

#1109 - Indian Hills Middle School - Russ Anderson
Tuesday ... 6:30-8:00 PM ... 01/21 ... 8 Sessions ... $40

Technical

Welding - Beginning - Adult (18+)
You will be taught the basics of the following welding processes: SMAW(Stick), GMAW (MIG), GTAW (TIG). Mechanical cutting, plasma cutting, and oxy-fuel cutting will also be covered. Each session you will be required to bring leather welding gloves, coveralls or welding jacket, and safety glasses. Attendance of the first session is mandatory so that safety training can be completed. Each session will start with basic information and demonstration of the process and the end with individual practice for the process demonstrated. Practice material will be provided. After the initial classes, time will be allotted for you to work on an individual projects of your own design or continue to improve your skills on practice material. Project material will not be provided.

#1604 - CTEC - Dalton Magee
Wednesday ... 6:00-8:00 PM ... 01/22 ... 8 Sessions ... $100
#1605 - CTEC - Dalton Magee
Wednesday ... 6:00-8:00 PM ... 03/25 ... 8 Sessions ... $100

Welding - Intermediate - Adult (18+)
Must have welding experience. You will have access to the equipment you wish you had in your shop. You can work on your own project or practice techniques on scrap metal. You must provide your own metal to build your own project. Each session you will be required to bring leather welding gloves, coveralls or welding jacket, and safety glasses. Attendance of the first session is mandatory so that safety training can be completed. Some mechanical ability recommended.

#1610 - CTEC - Todd Bird
Thursday ... 6:00-8:00 PM ... 01/23 ... 8 Sessions ... $100

Pencil Art for Children - Beginning & Intermediate - Ages 9-13
Students wanting to learn graphite work. Emphasis is on various strokes and detail, creating reasonable likeness. $10.00 Material Fee.

#1622 - CTEC - Catherine Norwood
Thursday ... 4:30-6:30 PM ... 01/23 ... 7 Sessions ... $55

Classes for Home-Schooled Students

Art Haven
Multi-Media Visual Art.
Don’t miss out on our total art experience this year! Art Haven has all new multi-medium experiences every session, with both two- and three-dimensional art. This year experiment with a variety of materials such as acrylic, chalk, clay, oil pastels, papier-mâché, printmaking, water colors and more! Discover principles and elements of design, art history and culture, as students use their imaginations to turn their ideas into reality. Combining fine art sculpture and mixed-media will provide each child with the knowledge and skills they need to unleash his or her creativity and the ability to produce beautiful works of art. Dress for mess, creativity and fun!

#1653 - CTEC - Art Haven
Tuesday ... 10:00-11:00 AM ... 01/28 ... 6 Sessions ... $90

#1655 - CTEC - Art Haven
Tuesday ... 10:00-11:00 AM ... 04/14 ... 6 Sessions ... $90

Mad Science
pHunky pHysics
Get down and wacky with physics - The forces that rule the world! Get intense with our Chemistry class, fly high with Fantastic Fliers and unveil the Science of Magic and so much more!

#1652 - CTEC - Mad Science
Tuesday ... 9:00-10:00 AM ... 01/28 ... 6 Sessions ... $90

Secret Agent Lab
Student will use hands on exploration of how the police figure out ‘Whodunit?!’ Follow the clues and figure out some very cool CSI stuff!

#1654 - CTEC - Mad Science
Tuesday ... 9:00-10:00 AM ... 04/14 ... 6 Sessions ... $90

Pre-School - Explore the Garden
Each session is devoted to different aspects of the garden, allowing children to progressively enrich their understanding of how living things grow and how they interact with the environment around them. Children will perform hands-on experiments, play themed games, and enjoy a story related to the session’s themes.

#1657 - CTEC - Mad Science
Tuesday ... 11:00 AM - 12:00 PM ... 01/28 ... 6 Sessions ... $90
#1658 - CTEC - Mad Science
Tuesday ... 11:00 AM - 12:00 PM ... 04/14 ... 6 Sessions ... $90
2020 Summer Camps!

Monday-Thursday
June 15 - 18 | June 22 - 25 | July 6 - 9 | July 13 - 16
REGISTER NOW! http://entrada.revtrak.net

Classes taught in June & July!
Visit entrada.revtrak.net for more detailed class descriptions, ages, dates and times!
All materials included! Dress for mess!

* Let's Glow!
* The Miniature World of Fairies, Gnomes & Creatures!
* Silly with Seuss!
* Spy Kids - Operation Stolen Masterpiece!

Camp GOTR combines the best of Girls on the Run with all the fun of camp! Girls will build friendships in a fun and inclusive setting that includes interactive games, being physically active, and expressing creativity through different outlets such as creating collages and storytelling. Camp GOTR will provide a one-of-a-kind opportunity for girls to develop self-confidence and learn life skills they can use now and as they grow! Girls on the Run will be offering two curriculums, Girls have Heart (June 15-18) which focuses on friendship, and Girls have Power (June 22-25) which focuses on emotions. Each girl receives a camp t-shirt, water bottle, cinch bag, exclusive Camp GOTR bracelet, and snacks!

June Summer Camps ONLY! Register NOW! entrada.revtrak.net

Karen Allen
801.633.8499
utahdanceworks@yahoo.com

Basketball!
Learn the fundamentals of the game, while having fun!
Instructors from Natalie Williams Basketball Academy will teach the basics of the game and spend quality time with each athlete!

Volleyball!
Four days of fun as the fundamentals of volleyball are learned!
Hit, pass, set, block and play defense by utilizing drills and fun practice games!

Building Robotics - Age 6-8 - $139
Building Robotics - Age 9-14 - $139

June Summer Camps ONLY! Register NOW!
Visit entrada.revtrak.net for more details and to reserve your student's summer camp spot!

Tennis Camp!
Ages 5-12
Focus on tennis skills, including agility, balance, coordination and fitness!
Coaches specialize in working with students 12 and under!
We use a red ball (bigger and slower than a regular tennis ball), smaller nets and courts to help children enjoy success as they learn!

June Summer Camps ONLY! Register NOW! entrada.revtrak.net

Taska Williams
801.885.9817
taska@arthavenplace.org

Laurie N. Larsen
801.292.8646
laurie@madsciencegslc.com
www.greatersaltlake.madscience.org

Warren Van Schalkwyk
801.824.7513
warrenv40@gmail.com

Karen Allen
801-633-8499
utahdanceworks@yahoo.com

Karen Allen
801-633-8499
utahdanceworks@yahoo.com

Please bring shin guards, plenty of water to drink and cleats!
Contact us with questions directly!
SIOSOCCER@gmail.com | 801.938.5225

Day | Start Date | End Date | Time | Cost | Location | Class #
--- | --- | --- | --- | --- | --- | ---
Mon-Thur | 6/15/20 | 6/18/20 | 9:00am-12:00pm | $60 | Eastmont Middle School | 4065-100-SU20
Mon-Thur | 6/22/20 | 6/25/20 | 9:00am-12:00pm | $60 | Eastmont Middle School | 4066-100-SU20
Mon-Thur | 7/13/20 | 7/16/20 | 9:00am-12:00pm | $60 | East Sandy Elementary | 4069-100-SU20
Mon-Thur | 7/20/20 | 7/23/20 | 9:00am-12:00pm | $60 | East Sandy Elementary | 4070-100-SU20

* Cheerleading & Tumbling Camp
* Aladdin Sing & Dance Along
* Frozen Sing & Dance Along
* The Greatest Showman Sing & Dance Along
* Hip Hop & Tumbling Tricks

Classes taught in June & July!
Visit entra.de/revtrak.net for more detailed class descriptions, ages, dates and times!
Canyons School District
Canyons Community Education
9361 South 300 East
Sandy, UT  84070-2998
801.826.6689

Mail Carrier: Please deliver December 16, 2019 - Thank You!

My Child Has an Intellectual Disability and Suspected Mental Health Issues – Help!
Tuesday, January 7, 2020 - 6:30pm - 8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side, Assessment Room

A Multi-Tiered Approach to Addressing Challenging Behavior
Tuesday, January 28, 2020 - 6:30pm – 8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side, Assessment Room

Navigating Your Child’s Transition from Elementary School to Middle School
Tuesday, February 4, 2020 - 6:30pm-8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side, Assessment Room

Parents as Partners in the IEP Process
Thursday, February 20, 2020 - 6:30pm-8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side, Cafetorium

Navigating Your Child’s Transition from Middle School to High School
Tuesday, March 10, 2020 - 6:30pm-8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side, Assessment Room

Healthy Bodies: A Maturation Program for Parents of Children with Disabilities
Thursday, March 26, 2020 - 6:30pm-8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side, Assessment Room

Transition from School to Adult Life
Tuesday, April 28, 2020 - 6:30pm-8:30pm
Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side

Summer Fun Panel
Friday, May 8, 2020 - 5:00pm
Granite Education Center
2500 South State Street, Salt Lake City

For detailed information on classes and to register, visit Utah Parent Center’s website at:
https://utahparentcenter.org/