

# Wellness Policy Committee Meeting

Thursday, April 25, 2019 – 3:45 pm

Wasatch Room – CAB East

## 1. Welcome and Introductions – Emily Jenkins

- a. Present: Emily Jenkins, Registered Dietitian; Everett Perry, HR Administrator; Jessica DeAlba, HR Administrative Assistant; Susan Edwards, Public Engagement Coordinator; Brooke Harris, Teacher; Allie Teller, Instructional Support; Kirsten Stewart, Communications Administrator; Halley Nelson; Assistant Principal; Steve Wrigley, School Board Member; Jeff Christensen, Assistant Legal Counsel; Parents: Sheree Robinson, Tonya Rhodes; Students: Meg Robinson

## 2. Reports of requested updates from each subcommittee

### a. Nutrition

- i. In our AR review, we were found to be missing standards for food and beverage marketing at the schools in our wellness policy.
  1. Utilizing Change Lab Solutions Model School Wellness Policy Language, the committee reviewed three different options for how to address food and beverage marketing in our own policy, and it was unanimously decided that we would like to add option 1, which states “the district prohibits the marketing to students on the school campus of any food or beverages that do not comply with or exceed the USDA Smart Snacks in School nutrition standards.”
  2. This will be taken before the district’s policy committee for final approval and addition to the wellness policy.
- ii. School nurses have put together a proposal regarding outside food being brought into the schools. They have set forth a set of guidelines that include encouraging non-food rewards, using food as an instructional tool, limiting treats at school parties, and treats on student birthdays.
  1. The committee feels the proposed guidelines are very reasonable and well-researched, and should be shared with all elementary schools.
  2. This could potentially be added as an exhibit to our wellness policy. The school nurses can take this before the policy committee to present these guidelines as an exhibit to the policy.

### b. Physical Education

- i. Nothing at this time

### c. Public Involvement

- i. Nothing at this time

### d. Documentation

- i. Nothing at this time

### e. Policy Adjustment

- i. Nothing at this time

## 3. Next meeting – October 2019