

Wellness Policy Committee Meeting

Monday, January 7, 2019 – 3:45 pm

Wasatch Room – CAB East

1. Welcome and Introductions – Sebastian Varas
 - a. Present: Sebastian Varas, Director of Nutrition Services; Emily Jenkins, Registered Dietitian; Everett Perry, HR Administrator; Susan Edwards, Public Engagement Coordinator; Brooke Harris, Teacher; Kirsten Stewarts, Communications Administrator; Halley Nelson; Assistant Principal; Steve Wrigley, School Board Member; Jeff Christensen, Assistant Legal Counsel; Parents: Betty Shaw, Sheree Robinson, Tonya Rhodes; Students: Gwen Christopherson, Daizha Jake, Abigail Hales
2. Updates on Wellness Policy and Review of Triennial Assessment – Sebastian Varas
 - a. Sebastian completed the assessment based on responses received from the school site evaluations and past discussion in committee meetings.
 - i. We have received several site evaluations but have several more that must be completed before the deadline on February 1.
 1. Jessica DeAlba in HR will remind the Living Leaders to complete this assessment.
 - b. Results of this assessment are posted on Canyons website in the Nutrition Services department under “Wellness Policy Committee”
3. Defining Roles within the Committee: as part of the policy, we need to define roles for committee members based on wellness policy areas. Roles are assigned as follows based on background and preference of the committee member:
 - a. Nutrition – Sebastian Varas, Emily Jenkins, Suzanne Madsen, Kirsten Stewart, Everett Perry, Gwen Christopherson, Daizha Jake, Betty Shaw, Tonya Rhodes, Sheree Robinson
 - b. Physical Education and Activity – Allie Teller and Brooke Harris
 - c. Public Involvement – Everett Perry, Susan Edwards, Abigail Hales
 - i. Susan will also act as a member chair to make sure we are keeping the committee updated
 1. Sebastian will send Susan a list of the current members assigned to the committee and any public inquiries he receives.
 - d. Documentation – Emily Jenkins and Sebastian Varas
 - e. Policy Adjustments – Jeff Christensen, Halley Nelson, and Steve Wrigley
4. Round Robin: each subcommittee broke into groups and discussed what items in their area are a priority to be updated.
 - a. Each subcommittee will communicate via Google Drive with their findings and an action plan for items they would like to add to the policy to present to the full committee at the next meeting.
 - i. We will have Jessica DeAlba in Human Resources create a Google Drive and send it on to the committee

Next Meeting: April – Emily will send a Doodle to determine a good time for the majority