

Wellness Policy Committee Meeting

Thursday, January 27, 2022 – 2:45 pm

Virtually over Zoom

1. Welcome and introductions – Sebastian Varas
 - a. Present: Sebastian Varas, Nutrition Services Director; Everett Perry, HR Administrator; Jeffrey Christensen, Assistant Legal Counsel; Jessica DeAlba, HR Administrative Assistant; Steve Wrigley, School Board Member; Emily Jenkins, Registered Dietitian; Jen Gerrard, school nurse; Brooke Harris, Health and PE teacher; Sheree Robison, parent and PTA Representative; Halley Nelson, Middle School Administrator; Ryan Durant, High School Administrator; Josselyn Biviano Ardano and Cameryn Coffey, students
2. Reports and updates from various subcommittees
 - a. Policy adjustment
 - i. The committee has mentioned limiting or giving guidelines for food given in classrooms. Jeff was able to take this before the policy committee, and they suggested it not be added to the policy but be a recommendation.
 - b. School Nurses
 - i. Nothing new at this time.
 - c. Nutrition
 - i. Nutrition Services has continued service of free breakfast and lunch, as well as meals available to online learners at open sites, and sack meals sent home for virtual Fridays at all schools. There have been ongoing supply chain issues and labor shortages. Dietetic interns have been able to go into the classrooms and teach nutrition lessons in several classrooms across the district this year.
 - d. Physical Education
 - i. They are hoping to be able to resume summer PE classes at the high schools this year.
 - e. Public Involvement
 - i. There is a 2.2-mile fun run sponsored to raise money for the Canyons Education Foundation.
 - ii. Everyone is so appreciative of the nurses and their hard work running the district COVID testing and other huge COVID mitigation efforts.
3. Triennial Assessment of the Wellness Policy
 - a. It is time for the assessment of the wellness policy to make sure we are meeting all of the requirements. Last time, the Living Leaders were able to complete the assessments for their individual schools.
 1. We will ask them to do it again, but Emily will email the assessment to the group and we will try to answer as many of the questions as we can prior to it being sent to the Living Leaders.
 2. The assessment needs to be completed by the end of the school year.
4. Next meeting: Fall 2022