

CANYONS SCHOOL DISTRICT NURSING SERVICES

ACETAMINOPHEN/IBUPROFEN ADMINISTRATION GUIDELINES SECONDARY SCHOOLS

In accordance with approval by Canyons School District Administration and CSD consult physician orders, Acetaminophen (**Tylenol or equivalent**) or Ibuprofen (**Motrin, Advil, or equivalent**) may be given to students by <u>trained</u> school employees (as designated by the school principal).

Approved dosages (greater than 88 pounds):

- Acetaminophen (Tylenol): 1-2 tablets (325 mg tablet)
- Ibuprofen (Motrin, Advil): 1-2 tablets (200 mg tablet)

Approved dosages (less than 88 pounds):

- Acetaminophen (Tylenol): 1 tablet (325 mg tablet)
- Ibuprofen (Motrin, Advil): 1 tablet (200 mg tablet)

Medication may be administered for such complaints as:

- Occasional headache
- Muscle aches

Medication should not be administered for:

- Fever
- Abdominal or chest pain
- · Any severe pain or injury
- Recurring health complaints (notify school nurse if student is requesting medication several times per week)

In order to administer these medications to any student, school staff must:

- 1. Complete the CSD Annual Medication Training.
- 2. Obtain phone consent from the parent *prior to each time* the medication is administered. (No long-term parental consents are accepted).
- 3. Administer medication in accordance with CSD *Medication Administration Training* guidelines.
- 4. Document administration of medication on the *Acetaminophen & Ibuprofen Administration Record or in the school health log.*

Any questions or concerns regarding administration of these medications to any student should be directed to your school nurse.

CSD Consult Provider/Prescriber

Date