



Canyons School District Nursing Services

To: Principals and Staff
Re: Head Injury Notification

Most head injuries do not result in serious consequences. However, in an effort to appropriately respond to head injuries during school hours, Canyons District Nurses have updated and are providing the following guidelines:

- Provide immediate first-aid
- Support the head and neck in-line with the body
- Monitor airway and breathing

Call 911 and parents immediately if a student has suffered a head injury and has any of the following:

- Loss of consciousness for more than 1 minute
- Abnormal walking or balance difficulties or dizziness
- Weakness in arms or legs
- Complaint of neck pain or difficulty moving neck (if injury witnessed, do *not* move neck or head)
- Any seizure following the injury
- Bleeding that cannot be stopped
- Facial bruising around eyes (“raccoon eyes”) or around ears
- Watery fluid dripping from the nose or ear
- Any loss of memory
- Slurred speech or confused talking/thinking

While not all head injuries will require a 911 call, parents must be notified by phone of any head injury. In these instances, one of the enclosed **Head Injury Notification** forms is to be sent home with the student to instruct their parents on when to seek follow-up care with their primary health care provider.

If you have any questions regarding these guidelines, please contact your district nurse for assistance.

Canyons School District Nurses