



## Student with Suicidal Ideation – Immediate Action Guidelines

A student who presents with any level of suicidal ideation requires urgent attention. School faculty/staff should immediately refer student to school psychologist, school counselor, school social worker or administrator. Do not leave student alone if actively suicidal.

### **Action Plan for school counselor, school psychologist, school social worker or administrator:**

#### **1. Interview student**

- It is important to assess the student's level of suicidal ideation by considering intent, plans, means, lethality, availability, and access.
- Have face-to-face contact with student. If student is at home, call parents and/or police immediately.
- If student presents as actively suicidal, do not leave student alone and do not send back to class.

#### **2. Contact the parent or legal guardian.**

- Legal and ethical guidelines require parent notification. No exceptions.
- If parent is unavailable and immediate response is needed, call 911 or the UNI Mobile Crisis Team 801-587-3000.
- Provide community resource information as needed.
  - i. National Suicide Prevention Lifeline 1-800-273-8255
  - ii. SafeUT Mobile App

#### **3. Complete *Record of Parent Notification of Student Threat or Incident form* and provide a copy to the school administrator.**

#### **4. Maintain a record of the incident in case notes.**

#### **5. Follow up with family/student to plan for appropriate support upon student's return.**

Call School Psychology Coordinator at 801-826-5163 / 801-580-4706 or  
School Counseling Program Specialist at 801-826-5096 / 801-560-6537  
for support or consultation as needed.