

Do You Have Difficulty Managing Your Diabetes?

We may have the solution.

Managing your diabetes can be overwhelming and complex; however, proper management will improve your overall health and help prevent long-term health concerns.

To assist you in controlling your diabetes, PEHP has identified potential solutions to common issues affecting diabetic members.

Issue	PEHP Solution
Cost	Diabetes Savings Program
Transportation	Home delivery and 90-day supply of certain medications
Medication burden	Covered Drug List offers medications which may help to reduce your burden
Availability of resources	Nurse Case Manager, Dietitian, Wellness program

To learn more, visit www.pehp.org/members/diabetes or call 801-366-7555.

What they're saying . . .

The nurse case manager was very helpful. She was able to get all of my questions answered, even if it wasn't necessarily something that she dealt with. It is a great feeling to know that I can just call and get my medical and prescription questions answered in a timely way.

—Kyle, PEHP member

