# Canyons School District Community Education

Winter 2022



# Register Any Time!

- Go to http://entrada.revtrak.net
- Click 'Community Education'
- Select Class Category
- Select Class
- Click 'CLICK HERE to Register for this Class'
- Create an account or login to pay and register

Walk-In Registration January 3-5, 2022 9:00 AM - 2:00 PM 825 East 9085 South - Room 107 Cheri Prince

cheri.prince@canyonsdistrict.org

801.826.6689

Did you know that Utah is one of only a few states where an adult can go back to school to earn a high school diploma?

If you or someone you know never finished high school, it's not too late to graduate!

Whether you need one or 24 credits, we have everything you need: Classes, on-line courses and self-study materials.

#### Don't wait! Call us today!

## **Entrada - Education for Life!**



Adult High School Completion | Adult Basic Education (ABE) | English as a Second Language (ESL) | GED® Prep

#### **High School Registration**

- Call 801.826.6675 to schedule a high school orientation appointment!
- Students interested in taking the GED\* test may take a free test at Entrada to check their readiness!

#### **Tuition Schedule**

- Adult High School & ESL Tuition \$50/Semester
- Adult High School Book Deposit (*if required*) \$50
- ESL Book \$30

#### **GED®** Information

Did you know you can find out how you will do on the GED\* for free through our pre-test? Make an appointment today!

#### **Steps for GED® Completion**

- Call 801.826.6675 and schedule an appointment for your free pretest. Appointments on Wednesday at 12:00 PM or 6:00 PM.
- Take the pre-test. (Allow three hours for completion.)
- If you want to improve your score, take the GED\* Prep class through Entrada.

#### **ESL Information**

English as a Second Language classes are designed for speakers of other languages to improve their English language skills. *Call 801.826.6675 for class schedule.* 

#### FOOD HANDLER PERMIT INFORMATION

Don't allow "good enough" food safety training to expose your business mistakes and worse - when you can have a highly qualified instructor come to your work place!

#### **On-site Options for Food Handler Permits**

Call us to set up a food handler's class at your location. Please have at least 15 students in each class; if more than 50, please let us know before class. Cost is \$30.00 per card.

#### **Schedule for Food Handlers Permits**

- *English*: 2nd and 4th Tuesday 10:30 AM 12:00 PM
- *Spanish:* 2nd and 4th Wednesday 12:00 PM

Food Handler Permit Question? Contact Jorge Mendez - 801.694.0678

#### Formación y examen de gerentes de alimentos en español.

Las personas interesadas deben inscribirse en estas clases en entrada.revtrak.net . Pago con cheque o efectivo se paga en nuestra ofecina. Una vez que se haya registrado, recibirá instrucciones adicionales para ayudarle a prepararse para esta capacitación y examen.

Si tiene preguntas adicionales por favor, pongase en contacto con Jorge (801-694-0678)

## CANYONS COMMUNITY EDUCATION CLASSES

825 East 9085 South - Sandy, UT 84094 | 801.826.6689

Principal - Amy Boettger | Program Assistant - Cheri Prince - cheri.prince@canyonsdistrict.org

# Class Locations & Site Coordinators



#### CTEC

825 East 9085 South - Sandy Cheri Prince - 801.826.6689 <a href="mailto:cheri.prince@canyonsdistrict.org">cheri.prince@canyonsdistrict.org</a>



#### Indian Hills Middle School

1180 East Sanders Road - Sandy Michelle Lacross - 616.706.7504 michelle.lacross@canyonsdistrict.org

#### **ONLINE REGISTRATION STEPS:**

- Go to http://entrada.revtrak.net
- Click 'Community Education'
- Select Class Category
- Select Class
- Click 'CLICK HERE to Register for this Class'
- Create an account or login to pay and register

#### **How to Read Class Listings**

Class Number - Location - Instructor Day of Week - Time - First Class - Number of Sessions - Price

#### **IMPORTANT DATES:**

Walk-In Registration Begins:

January 3-5, 2022 (Monday - Wednesday) 9:00 AM - 2:00 PM

Community Education Classes begin Monday, January 10, 2022\*
\*Please check individual class dates and times.

#### No Classes - School Locations Only

- January 17, 2022 Martin Luther King, Jr. Day
- February 21, 2022 President's Day
- February 28 March 3, 2022 Parent Teacher Conferences

#### Registration Policies

- Online and mail registrations will be accepted until the class is full or the class begins.
- Checks, money orders or credit/debit cards accepted.
- Make checks payable to: Canyons School District.
- No phone registration accepted.
- All material fees must be paid directly to instructor at the first class.
- See individual class listing for number of sessions.

#### Refunds & Cancellations

- Enrollment canceled more than 72 hours after registration will incur a fee of \$10/class/student.
- No refunds on camps and classes shorter than six (6) weeks unless canceled at least one week before first class meeting.
- To receive a refund, you must withdraw from class at least 24 hours before the beginning of the second class
- Please contact your site coordinator to cancel enrollments.
- Students cannot attend class until registration and payment is complete.



#### **Online Registration**

Registration Link:

http://entrada.revtrak.net

Payment is made by credit/debit card. Your statement will show 'Entrada High School'.



#### **Walk-In Registration**

January 3-5, 2022 9:00 AM - 2:00 PM 825 East 9085 South Room 107 Cheri Prince | 801.826.6689



#### Mail

Mail Registration Form and check/money order to: Community Education Registration 825 East 9085 South Sandy, UT 84094



# Mail-In Registration Form

Canyons School Distriction Community Education 825 East 9085 South Sandy, UT 84094 801.826.6689   FAX: 80	Registration	Date:			
Your Name:					
Mailing Address:					
City, State & Zip:					
Email:		Phone:			
ADULT CLASSES					
Student Name	Class Number	Class Name	Day	Time	Class Cost
YOUTH CLASSES	Class Nivershau	Class Name	D.::	Time	Class Cast
Student Name	Class Number	Class Name	Day	Time	Class Cost
Please list any allergies or be Name AND phone of persor	n picking up Youth from cla				
Enrollments cancel Ple Youth picked up a	lled more than 72 hou ase retain a copy of th fter class more than 1 Canyons Commu	ily may use the same furs after registering manis form as your receip minutes late may be mity Education Release	ay incur a fee of \$3 of and proof of end dropped from the e & Indemnification	LO per clas rollment. e class with <u>n</u>	s per student. nout a refund.
RELEASE AND INDEMNIFICAION: injury to me and/or my child. In cohereby voluntarily and knowingly volunteers from any and all suits, o District, that may result from my ocompany will pay for medical, hos authorize Canyons School District child. I agree to assume full respoinsurance company may be billed photos and videos taken during the (Please see CSD website for policies).	onsideration of being permitted indemnify and hold harmless, do claims or liability, including negl r my child's participation in Cany pitalization, and any other experemployees or volunteers to act o insibility for all expenses, medicated for such treatment. I also underse course of business in promotion	to participate in such activities, I, efend release, waive and discharg igence, based on any injury excelons School District Community Edisces resulting from my or my child new yor behalf in accordance with the lor otherwise, that may arise from stand that registration in this progstand	for myself, my child, my he ge Canyons School District, pt that caused solely by the ducation activities. In addi d's participation. EMERGEN leir reasonable judgement m any such emergency. I u gram constitutes permissio	eirs, my executo and it's officers, willful miscond tion, I agree tha NCY TREATMENT in case of emer, nderstand and n for Canyons S	rs and administrators, employees, and luct of Canyons School t I or my insurance /PHOTOS: I hereby gency involving me or my agree that I or my chool District to use
I have carefully read the abo	ove release and authorizat	ions and sign it with full kr	nowledge of its conte	nts and signi	ficance.
Signature		rinted Name		Date	

#### Register Online - http://entrada.revtrak.net

# ADULT COMMUNITY EDUCATION

Adult classes are age 18+, unless otherwise indicated.

#### **Arts & Crafts**

# Old European Figure Carving (Adult - Ages 18+)

This is a carving class for anyone who would like to learn about Old World historic whittling from Sweden and wood carving from the German Alps. Learn some of the history of wood carving from Europe. Learn how to choose a subject, find the proper local carving woods and do the figure lay out. You will be given instructions on how to use gouges and knives. Learn how to sharpen your tools. You will also be shown how to whittle or carve and paint your figure carvings. Instructor was taught in Munich Germany and the Bavarian Alps in 1971-2, and has been a commercial wood carver, designer, craftsman and sculptor for over 30 years. For a required tool list and information call David Paul at (801) 571-6095.

#1142 - Indian Hills Middle School - David Paul Monday ... 6:00-9:00 PM ... 01/10 ... 8 Sessions ... \$85 #1143 - Indian Hills Middle School - David Paul Wednesday ... 6:00-9:00 PM ... 01/12 ... 8 Sessions ... \$85

# Business, Computers & Technology

# Beginning Microsoft Excel (Adult - Ages 18+)

Learn Microsoft Excel basics to intermediate skills. Learn the tabs and ribbons. Class moves at your own pace. Class has the use of the computer lab, personal computers are not needed. (12 Student Maximum)

#1635 - CTEC - Lezlie Harper Tuesday ... 6:00-7:00 ... 01/11 ... 8 Sessions ... \$60 #1636 - CTEC - Lezlie Harper Tuesday ... 7:00-8:00 ... 01/11 ... 8 Sessions ... \$60

#### Cooking & Sewing

#### Crochet - Beginning (Adult - Ages 18+)

In this beginning crochet class, students will learn the basics of crochet including slip knots, chain stitching, single crochet stitching, half double crochet stitching, double crochet stitching, triple crochet stitching, crocheting in the round, reading basic patterns, learning the basic structure of a granny square and creating simple projects that will make you proud!

Materials to bring to first class: One skein of (4-Ply) medium weight cotton yarn, Size H-8 (5.0mm) crochet hook, tapestry needle, scissors and a binder for crochet handouts. \$5.00 material fee paid to the instructor the first night of class.

#1141 - Indian Hills Middle School - Jennifer Rima Monday ... 6:30-7:30 PM ... 01/10 ... 8 Sessions ... \$50

# Hooked on Crochet - Intermediate (Adult - Ages 18+)

This class is designed for those who have a solid understanding of the basics of crochet. In this course, we will focus on pattern reading skills for intermediate level patterns, as well as learning the Bobble stitch, Daisy stitch, Shell and V-Stitch. The basics of chart reading, seamlessly changing yarn colors and a variety of granny square patterns are also taught. New crochet projects are introduced each week in class, including a crochet hat, an infinity scarf, a mandala, a market/beach bag, a granny stripe blanket and both a Floral and Sunburst granny squares.

Materials to bring to first class: Two skeins of any soft, medium weight yarn (4-Ply) in different colors that will coordinate together for Infinity scarf. A size I-9 (5.5mm) crochet hook, a tapestry needle, scissors and a binder for crochet handouts. \$5.00 material fee paid to the instructor the first night of class.

#1140 - Indian Hills Middle School - Jennifer Rima Monday ... 7:30-9:00 PM ... 01/10 ... 8 Sessions ... \$50

#### Dutch Oven Cooking -Six Weeks (Adult - Ages 18+)

Come learn from one of the 99 World Champion Dutch Oven Cooks, Kent Mayberry! He and his partner are the Authors of American West Dutch Oven Cooking. In six weeks you will learn to buy, season and care for your Dutch Ovens. You will also learn to make breads, main dishes, side dishes and desserts! In this class you will learn tips and tricks of cooking! Materials fee of \$20 helps offset the cost of food that is cooked each week and yes, students get to eat the wonderful creations!

#1120 - Indian Hills Middle School - Kent Mayberry Monday ... 6:30-8:30 PM ... 01/24 ... 6 Sessions ... \$40

# Quilting 101 & 102 - Combined Class (Adult - Ages 18+)

101 - If you've sewn or quilted a little, or have just always been interested in quilting and applique and need some help getting started, this class is for you. First week will be for planning; the next five weeks bring your own machine and get ready for the fun! Bring your own sewing machine the second night of class. Students need to have access to a sewing machine and prior sewing experience is recommended.

102 - Come, join in, and learn how to make a twister quilt, a heart stack-n-slash or work on your own project. It is a fun way to get a quilt made with the help of an instructor. First week will be for planning;

the next five weeks bring your own machine and get ready for the fun! Previous sewing experience is required.

\$5 for materials paid to instructor the first night of class.

#1139 - Indian Hills Middle School - Debra Simons Wednesday ... 6:00-9:00 PM ... 01/26 ... 6 Sessions ... \$50

# Dance, Fitness & Sports Ballroom (Adult - Ages 18+)

Fun date-night activity! Learn simple, stylish moves and have more fun on cruises, at parties, weddings and social dance events. Be comfortable and confident on the dance floor! Taught by Margene Anderson; a highly-trained professional ballroom, Latin, salsa and swing instructor, with over 30 years of experience. Call (801) 544-1339 for questions. Class fee is per person, but you MUST register with a partner.

#1112 - Indian Hills Middle School - Margene Anderson Monday ... 6:00-7:00 PM ... 01/24 ... 6 Sessions ... \$39/Person #1113 - Indian Hills Middle School - Margene Anderson Monday ... 7:00-8:00 PM ... 01/24 ... 6 Sessions ... \$39/Person #1114 - Indian Hills Middle School - Margene Anderson Monday ... 8:00-9:00 PM ... 01/24 ... 6 Sessions ... \$39/Person

#### Drums Alive (Age 16+)

Feel and experience the pulsating rhythms, dynamic movements and powerful percussions of this new high-energy dance and rhythm program. Drums Alive combines traditional aerobic movements with the powerful beat and rhythms of the drums. It is a workout for the entire mind, body and spirit! Wear comfortable shoes and bring a water bottle.

#1147 - Indian Hills Middle School - Mike & Yolanda Wednesday ... 7:00-8:00 PM ... 01/12 ... 8 Sessions ... \$35

# Movement & Meditation (Adult - Ages 18+)

In this class, we will connect to our bodies as we rise our vibrations. Movements will be slow and stretchy, combined with peaceful calm meditative experience. Please bring a yoga mat, water bottle and wear comfortable clothing.

#1104 - Indian Hills Middle School - Kevin Shaw Wednesday ... 7:00-8:00 PM ... 01/12 ... 8 Sessions ... \$35

Community Education Classes Continued on Page 7 ...

#### Diamond Ridge High School 825 East 9085 South - Sandy, UT 84094 | 801.826.9900



#### 2021-22 CREDIT RECOVERY PACKETS

Please read and understand the following process! Questions?! Call Diamond Ridge at 801.826.9900.

- **1. Complete Form (Below)** Courses are for Credit Recovery ONLY!
- 2. Have your current high school counselor approve courses/quarters and sign form. (If packets are purchased without a counselor signature, Diamond Ridge High School is not responsible for any incorrect courses or quarters purchased. No refunds or exchanges!)
- 3. Bring your form to Diamond Ridge High School Monday, Tuesday and Wednesday from 3:00 5:00 PM. Packets are \$35/each. CASH ONLY! One Packet = .25 Credit. Packets are nonrefundable.
- **4. Complete Packet and Register to Test** Visit <u>drhs.canyonsdistrict.org</u> or use QR Code above.
- **5.** When arriving to test, bring completed packet and a picture ID. No tests without identification! (If you do not pass the test, you're allowed a retake, which may have to be scheduled another date/time.)
- 6. Diamond Ridge will post your credit to your Canyons School District Transcript.

#### AVAILABLE CREDIT RECOVERY PACKETS

\* Please check our website for additional packets! They will be added as they become available! \*

#### Language Arts English Language Arts 9 Q1 | Q2 | Q3 | Q4 English Language Arts 10 Q1 | Q2 | Q3 | Q4 English Language Arts 11 Q1 | Q2 | Q3 | Q4 English Language Arts 12 Q1 | Q2 | Q3 | Q4 Creative Writing Q1 **Science** Q1 | Q2 | Q3 | Q4 Biology Earth Science Q1 | Q2 | Q3 | Q4 **Human Anatomy** Zoology Q1 | Q2

Home High School:

<u>Math</u>					
Secondary Math I Secondary Math II Math of Personal Finance	Q1   Q2   Q3   Q4 Q1   Q2   Q3   Q4 Q1   Q2   Q3   Q4				
Financial Literacy					
Financial Literacy	Q1   Q2				
Fine Arts					
Art Foundation Art History Drawing 1	Q1 Q1 Q1				

Social Studies						
Geography - (One Packet for Both Quarters, N US Government US History World Civilization World Religions	Q1 <u>AND</u> Q2 lo Individual Quarter Packets) Q1   Q2 Q1   Q2   Q3   Q4 Q1   Q2 Q1   Q2					
Physical Education						
Consumer Health	Q1   Q2					

#### Please read and understand information listed above before purchase!

Course Name/Number:	Quarter:	
Course Name/Number:	Quarter:	
Student Full Name:		
Student I an Ivanic.		
Student Number:	Student Cell Phone Number:	

Counselor:

#### Register Online - http://entrada.revtrak.net

#### Zumba | Zumba Toning (Adult - Ages 18+)

Zumba is a fitness program that combines Latin and international music and dance moves. Zumba Toning combines body-sculpting exercises and high-energy cardio work. Students learn how to use light-weight toning sticks to enhance rhythm and tone all of their target zones. Including arms, abs and thighs.

#1146 - Indian Hills Middle School - Mike Muniz Wednesday ... 600-6:55 PM ... 01/12 ... 8 Sessions ... \$35

#### Foreign Language & ASL

#### Italian - Beginning (Adult - Ages 18+)

Come and explore the basics of Italian! Learn vocabulary that is common and useful and how to create sentences. This class will help you start a foundation that will help you to begin to communicate in Italian. Expect to learn helpful concepts for the beginning of your Italian adventure! \$10.00 material fee paid to the instructor the first night of class.

#1123 - Indian Hills Middle School - Russ Andersen Wednesday ... 6:30-8:00 PM ... 01/12 ... 8 Sessions ... \$50

#### Gardening

#### Composting (Adult - Ages 18+)

Participants learn how to make the best fertilizer, utilizing free ingredients from their home and kitchen. You can buy compost anywhere, but you'll always be using an inferior product if you do! Like everything else, you can't buy as good as you can make - with no cost!

#1149 - Indian Hills Middle School - Jim Teahan Wednesday ... 6:30-8:00 PM ... 02/23 ... 1 Session ... \$25

#### Gardening (Adult - Ages 18+)

Week 1: The Real Dirt on Dirt and Cool Season Vegetables (Organically); Week 2: Warm Season Vegetables and Dos and Don'ts for Planting; Week 3: Pests the Friendly Keepers, Bees, Hummingbirds and Butterflies; Week 4: Lawns - Eight Common Mistakes - Less Weeds, Better Yards. \$5.00 material fee paid to instructor the first night of class.

#1131 - Indian Hills Middle School - Jan Knold Wednesday ... 6:00-8:00 PM ... 02/09 ... 4 Sessions ... \$40

#### Seed Starting (Adult - Ages 18+)

A basic class on how to start seeds in your home and save money doing it! Learn the secret on how to save your seeds and keep them viable for up to 10 years! Participants learn how to put together a homemade light station, seed sprouting, how to care for seedlings, hardening-off and an alternative way to start seeds where no money is ever needed to buy plastic containers again. This is a fun and light class where people gain confidence in their ability and desire to grow whatever they want.

#1122 - Indian Hills Middle School - Jim Teahan Wednesday ... 6:30-8:00 PM ... 01/19 ... 1 Session ... \$25

# Square Foot Gardening - 101 (Adult - Ages 18+)

How about a fantastic fall garden when your neighbors are putting theirs up for the winter? Learn how easy it is to have a fall garden filled with lettuce, spinach and other salad greens. All this is done learning a gardening system that requires no hard work, heavy digging, no thinning and no weeding. No kidding! In this class you'll learn the basics of the square foot gardening system by an instructor who was trained by the inventor of the system himself. Materials needed, soil components, spacing, and crop selection are all taught. Learn how to be a square foot gardener! Eat healthier. Enjoy better tasting food. Save money. Discover how to make gardening fun again!

#1115 - Indian Hills Middle School - Jim Teahan Monday ... 6:30-8:00 PM ... 02/07 ... 1 Session ... \$25 #1148 - Indian Hills Middle School - Jim Teahan Wednesday ... 6:30-8:00 PM ... 02/09 ... 1 Session ... \$25 #1127 - Indian Hills Middle School - Jim Teahan Monday ... 6:30-8:00 PM ... 03/07 ... 1 Session ... \$25

#### Square Foot Gardening - 201 (Adult - Ages 18+)

This class covers the advanced techniques of the Square Foot Garden (SFG) system. Participants must have attended the SFG 101 class. Topics include vertical gardening, building the proper upright frame (trellis), special spacing requirements, top hat usage and finally, protection which allows for much earlier and later harvests.

#1128 - Indian Hills Middle School - Jim Teahan Wednesday ... 6:30-8:00 PM ... 03/09 ... 1 Session ... \$25

#### Life Skills

# Anticipating a Bright Future (Adult - Ages 18+)

Learn skills to enhance your quality of life to better serve you and prepare you for the future. Topics include the power of words, beliefs, gratitude and forgiveness; defining and focusing on our desires and life mission and making provisions for the future.

#1137 - Indian Hills Middle School - Karen Thomas Monday ... 6:30-8:30 PM ... 01/31 ... 1 Session ... \$25

# Beginning Mindfulness Practices (Adult - Ages 18+)

This six week course will teach breath and mindfulness techniques for present moment awareness, self-compassion and kindness. We will sit on chairs. This is an educational course. Instructor Linnea Charnholm has her 100-hour mindfulness teacher training certification.

#1136 - Indian Hills Middle School - Linnea Charnholm Monday ... 7:00-8:00 PM ... 01/24 ... 6 Sessions ... \$40

#### Building Resilience (Adult - Ages 18+)

Position yourself to more effectively handle challenging situations by learning how the human brain responds to fear, stress and dread; adopting the three beliefs of resilient people; discovering some simple ways to rewire our brain; and understanding the survival arc.

#1135 - Indian Hills Middle School - Karen Thomas Monday ... 6:30-8:30 PM ... 01/24 ... 1 Session ... \$25

# Effective Team Building (Adult - Ages 18+)

Develop strategies for recognizing and utilizing people's natural strengths and abilities (including your own!) to create a positive, productive environment at home, in the workplace and in the community.

#1138 - Indian Hills Middle School - Karen Thomas Monday ... 6:30-8:30 PM ... 01/10 ... 1 Session ... \$25

#### Three Part Emergency Preparedness Series (Adult - Ages 18+)

Week 1: Fact or Myth? Lifesaving Disaster Responses: Do you believe any common disaster myths? Discover the facts about disasters, recommended protective actions that could save your life, and six areas of preparedness activities to ensure the well-being of your loved ones.

Week 2: Tips for Handling the Aftermath of a Disaster: Learn recommendations for short-term self-sufficiency immediately following a disaster without power, running water, sewer, etc. Which frozen and refrigerated foods are safe to eat for how long? What alternative cooking methods are safe indoors? Explore tips for rendering first aid in a disaster setting when professional medical help is unavailable, including testing and treating broken bones, splinting techniques and best positions for various joints, caring for cuts, etc. (The instructor will have some specialty items available for purchase at cost.)

Week 3: Rebound in 72: You're Preparedness
Plan for Resiliency: View preparedness in a new
paradigm based on five time periods and eight need
areas. Learn how to customize a plan for your family
and disaster supply kits for home, work, bedside,
evacuation, etc. Explore many beneficial things you
can do to prepare with minimal financial investment to
increase your resilience and peace of mind.

#1134 - Indian Hills Middle School - Karen Thomas Wednesday ... 6:30-8:30 PM ... 01/12 ... 3 Sessions ... \$35

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- Create an account or login to pay and register

#### Register Online - http://entrada.revtrak.net

#### Miscellaneous

#### Fiction Writing (Adult - Ages 18+)

Everyone has a novel inside them! Come and discover how to get it out of your head and onto the page where it belongs! Learn how to structure your story for the greatest emotional impact, write believable characters, and create evocative settings in a fun, friendly and supportive atmosphere. Instructor was past president of Wasatch Mountain Fiction Writers; she is also a writer and editor. \$20.00 material fee paid to the instructor the first night of class.

#1126 - Indian Hills Middle School - Maureen Mills Wednesday ... 6:00-8:00 PM ... 01/12 ... 8 Sessions ... \$50

# Magic for Everyone (Adult - Ages 18+)

Teachers, parents, grandparents, older students, and anyone who would like to learn astounding, but simple, magic effects! Learn routines using books, coins, napkins, newspaper, rings, rope, string and other common objects found around the house, along with a few uncommon props that will be supplied. These are not your typical magic set tricks! You will learn actual routines and techniques, many of which are performed constantly on stage and TV. These lessons will include a variety of basic pocket tricks, games you can't lose, mind reading, rules of magic, sleight of hand and enough stand-up magic to put on a real show! This will be fun! Rick Kercher has been performing and teaching magic for over 45 years. \$20.00 material fee paid to the instructor the first night of class.

#1108 - Indian Hills Middle School - Rick Kercher Wednesday ... 6:30-8:00 PM ... 01/19 ... 4 Sessions ... \$15

#### Reader's Theatre (Adult - Ages 18+)

With script in hand (no memorization), we will be looking at Abbott and Costello's baseball classic, "Who's on First?", the touching disabled boy who asks, "Dad, do you think they'll let me play?" Ann Landers' worldwide demanding letters asking how to hang the toilet paper over or under and the humor found in Shakespeare. These are fun to read and audience pleasers to perform. Students will learn how to bring emotion, expression, meaning and action to words on the printed page. Reading audio books and reading voice-over training for anticipated employment as well as for future auditions and performances. Reading in rehearsals will enable students to be comfortable reading a script, telling a story and pleasing the listeners, resulting in a fun nonthreatening way to build confidence and self-esteem. Taught by an experienced world performer, writer and director who began effective interpretation at age three in Sandy, Utah. Her latest book, All About Me, was just published, featuring the cover drawn by a Park Lane student.

#1109 - Indian Hills Middle School - Joyce Skidmore Monday ... 6:00-8:00 PM ... 01/10 ... 8 Sessions ... \$50

# Introduction to Reiki & Self-Healing (Adult - Ages 18+)

Come learn about Reiki and the life shifts that can be created with this tool. Learn about plant medicine, moon cycles, chakras, cord cutting, crystals, meditation benefits, color, breathe work and the blessings of 'allowing'. Share in a Reiki Experience & Drum Circle. You are your creator, you are your true power! This four-week class includes practical and theory. Call Kari: (801)558-4804 for more information. \$48.00 material fee paid to the instructor the first night of class.

#1121 - Indian Hills Middle School - Kari Romney Wednesday ... 6:30-9:00 PM ... 01/19 ... 4 Sessions ... \$40

# Utah History - Learn More About the State You Live In! (Adult - Ages 18+)

Learn about the Anasazi and Fremont cultures, early explorers of European decent, Utah wars, the mining era, some of the geography of the state, historic sites and markers. There will be lots of interesting facts about people who passed through and lived in Utah as well as events that shaped our state. Instructor will keep you entertained with lots of fun stories!

#1124 - Indian Hills Middle School - Russ Andersen Monday ... 6:30-8:00 PM ... 01/10 ... 8 Sessions ... \$50

#### Shop

#### DIY Woodworking (Adult - Ages 18+)

Have you seen something on Pinterest and thought "I could build that!" but you're not sure where to start?! This class is designed for you! You will learn how to safely use basic hand and power tools. We will cut, nail, sand and finish all kinds of woodwork. We will even learn how to do basic home repairs. Plan for a fun night or date night and join us!

We will learn about: Circular Saws, Drills, Jig Saw, Miter Saw, Nail Guns and Table Saw We will learn to design and build: Benches, Bookshelves, Floating Shelves, Tables and Wainscot

You will design and build your own projects. Materials and supplies are extra and can be paid directly to the instructor. This cost will depend on the size of your project and will start about \$75.

#1605 - CTEC - Nathan Hampton Tuesday ... 7:00-9:00 PM ... 01/11 ... 8 Sessions ... \$85

## Register Any Time!

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#### Welding

You will be taught the basics of the following welding processes: SMAW(Stick), GMAW (MIG), GTAW (TIG). Mechanical cutting, plasma cutting and oxy-fuel cutting will also be covered. Each session you will be required to bring leather welding gloves, coveralls or welding jacket and safety glasses. Attendance at the first session is mandatory for safety training to be completed. Each session will start with basic information and demonstration of the process and the end with individual practice for the process demonstrated. Practice material will be provided. After the initial classes, time will be allotted for you to work on an individual projects of your own design or continue to improve your skills on practice material. Project material will not be provided. There will be no refunds issued for the welding class!

#1604 - CTEC - Dalton Magee Wednesday ... 6:00-8:00 ... 01/12 ... 8 Session ... \$120 First night of class (01/12) will run until 8:30 PM

Do you have a skill or talent you would like to share?!

Canyons
Community
Education is
always looking for
new classes and
opportunities to
offer!

Please contact Cheri Prince at 801.826.6689 or cheri.prince@canyonsdistrict.org

# CANYONS COMMUNITY EDUCATION YOUTH CLASSES

#### YOUTH Arts & Crafts

#### Art Haven - All New Multi-Medium Art Classes (Grades K-5)

Art Haven has all new multi-medium experiences every session, with both two and three-dimensional art. We'll experiment with materials such as sculpture, metal, printmaking, charcoal, watercolors, acrylic, pastels and more! Discover art history and culture as students use their imaginations to turn their ideas into reality. Combining fine art with sculpture and mixed media will provide each child with the knowledge and skills they need to unleash his or her creativity and the ability to produce beautiful works of art. Don't miss out on this Total Art Experience with Art Haven this fall! Dress for mess and join us this session for creativity and fun! All materials included!

#1107 - Indian Hills Middle School - Art Haven Monday ... 6:00-7:00 PM ... 01/10 ... 8 Sessions ... \$104 #1105 - Indian Hills Middle School - Art Haven Monday ... 7:00-8:00 PM ... 01/10 ... 8 Sessions ... \$104

#### Fine Arts - Preschool (Age 3-5)

Our preschool offers an exceptional learning experience for your children ages three to five! By combining the elements of the arts and a comprehensive learning curriculum your child will be singing, dancing and verbalizing whey they learn in an environment of joy and expression, In addition to kindergarten prerequisites, children will learn skills in creative movement, drama, visual arts and music.

Classes are held at EMOTION DANCE STUDIO - 9119 S. Monroe Plaza Way - Sandy - Contact: utahdanceworks@yahoo.com or 801.633.8499

#3108 - Emotion Dance Studio - Utah Dance Works Tues & Thur ... 9:30 AM -12:00 PM ... 01/11... 8 Sessions ... \$139

#### Dance

#### Disney Sing and Dance Along (Age 2)

Join in the fun as we learn about rhythm, beginning ballet skills and musicality through Disney song and dance. Using games, instruments, props, movement and music, children will expand their creativity and joy. There will be a showcase on the last day of class.

Classes are held at EMOTION DANCE STUDIO - 9119 S. Monroe Plaza Way - Sandy - Contact: utahdanceworks@yahoo.com or 801.633.8499

#3109 - Emotion Dance Studio - Utah Dance Works Thursday ... 11:30 AM -12:00 PM ... 01/13... 8 Sessions ... \$60

# Disney Sing and Dance Along (Age 3-4)

Our ages three to four combo class features songs and dance moves centered around Disney that are sure to have your little one asking for more! This class will introduce your preschooler to ballet moves and tumbling skills. There will be a showcase on the last day of class!

Classes are held at EMOTION DANCE STUDIO - 9119 S. Monroe Plaza Way - Sandy - Contact: utahdanceworks@yahoo.com or 801.633.8499

#3110 - Emotion Dance Studio - Utah Dance Works Thursday ... 10:45 AM -11:30 AM ... 01/13... 8 Sessions ... \$76

# Disney Sing and Dance Along (Age 4-5)

As a four to five year old, your young dancer is ready for our pre-ballet program emphasizing ballet terminology, dance patterns and basic ballet skills. They will expand their strength and flexibility while learning tumbling and jazz technique. Our Disney focus will give this class a magic touch! There will be a showcase on the last day of class!

Classes are held at EMOTION DANCE STUDIO - 9119 S. Monroe Plaza Way - Sandy - Contact: utahdanceworks@yahoo.com or 801.633.8499

#3111 - Emotion Dance Studio - Utah Dance Works Thursday ... 9:30 AM -10:30 AM ... 01/13... 8 Sessions ... \$90











**CANYONS TECHNICAL EDUCATION CENTER** 

# OPEN HOUSE JANUARY 6, 2022 4:00 PM- 8:00 PM

825 East 9085 South Sandy, UT 84094

Registration opens January 7, 2022 at 7 AM on our website!

## **COME VISIT OUR PROGRAMS:**

Business Leadership, Computer Programming/Software Development, Construction Management, Cosmetology/Barbering, Criminal Justice, Cybersecurity/Networking, Digital Media/3D Animation, Emergency Medical Technician (EMT), Heavy Duty Mechanics/Diesel, Medical Assisting, Medical Forensics, Nurse Assistant (CNA), Physical Therapy, Welding

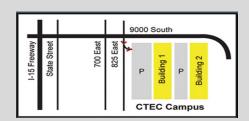












# **WELCOME TO** YONS O



Lessons learned during the era of COVID-19 are driving innovations in online learning. Canyons School District has announced the launch of Canyons Online, a program for self-driven, organized students who want to get a jump on their studies, catch up on some credits, or seek an educational experience away from the traditional brick-and-mortar classroom. The program is open year-round to students in grades 9-12. High-school-aged students can enroll in as many online courses as they want, when they want — even if they're taking in-person classes elsewhere. What's more: Students are able to move through the courses at their own pace and on their own time.

# Take a class today!

For more information, or to register, visit: <a href="https://canyonsonline.canyonsdistrict.org/9-12/">https://canyonsonline.canyonsdistrict.org/9-12/</a>



# DiscoverChampions.com

#### Join Champions programs to keep learning and laughing when school is out!

Our before-and-after school childcare and enrichment programs start when schools stops so your child can extend their education in a new way every day. In our accredited programs, your child will:

- Strengthen STEM learning skills that children need to succeed in the classroom and community
- Explore independent curiosities and collaborate on group projects
- Move their body indoors and outside with dance, yoga, and free play time
- Get homework help

Lone Peak & Ridgecrest Elementary Schools						
Program	Weekly Duration	Hours	Weekly Pricing			
Before School (Lone Peak Only!)	1-2 days	7:30 AM to Morning Bell	\$36			
Before School (Lone Peak Only!)	3-5 days	7:30 AM to Morning Bell	\$60			
After School	1-2 days	Afternoon Bell to 5:30 PM	\$52			
After School	3-5 days	Afternoon Bell to 5:30 PM	\$87			

For questions about Champions, please contact: Champions' Area Manager | Shelly Duncan | 916-479-4977

**Canyons School District** 

# Canyons Community Education 9361 South 300 East

9361 South 300 East Sandy, UT 84070-2998 801.826.6689

Mail Carrier: Please deliver December 27, 2021 - Thank You!

